Hartree Fock density evaluator of B.A. Brown. Many options, see oxbash.pdf, but used below for the density only. Output is to the file xxx.rho, based on 1,,,,xxx typed following the wr (write) command. Output file xxx.rho tabulates the volume integrals and rms radii in the header followed by:

radius p-density n-density mass density charge density

as below for 76Fe

volume integrals = 26.00 50.00 76.00 26.00
rms radii = 3.844 4.189 4.074 3.910
0.0000E+00 0.6707E-01 0.8087E-01 0.1479E+00 0.6195E-01
0.1000E+00 0.6707E-01 0.8087E-01 0.1479E+00 0.6195E-01

data for dens is as follows:

(signal mass and charge input, a,z) az 76,26 (the mass and charge choice is yours) (signal choice of potential) ср (is Skyrme SkX - stable and exotics, type h for the many other options) sk20 qd (go work out the density) (signal writing the density out) wr 1,,,,76Fe (density file is 76Fe.RHO in this example) (stop - we are done - enough!) st