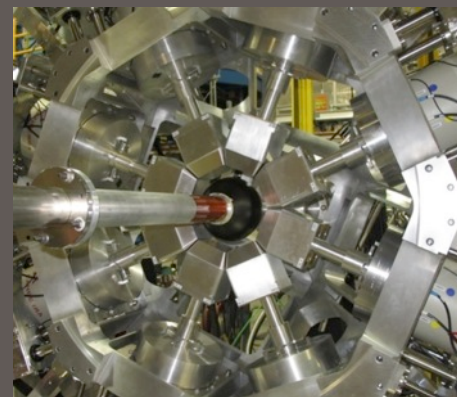
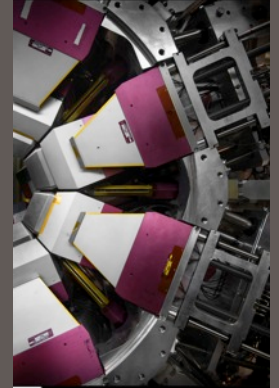


Lifetime Measurements for the Determination of Electric Monopole Transition Strengths

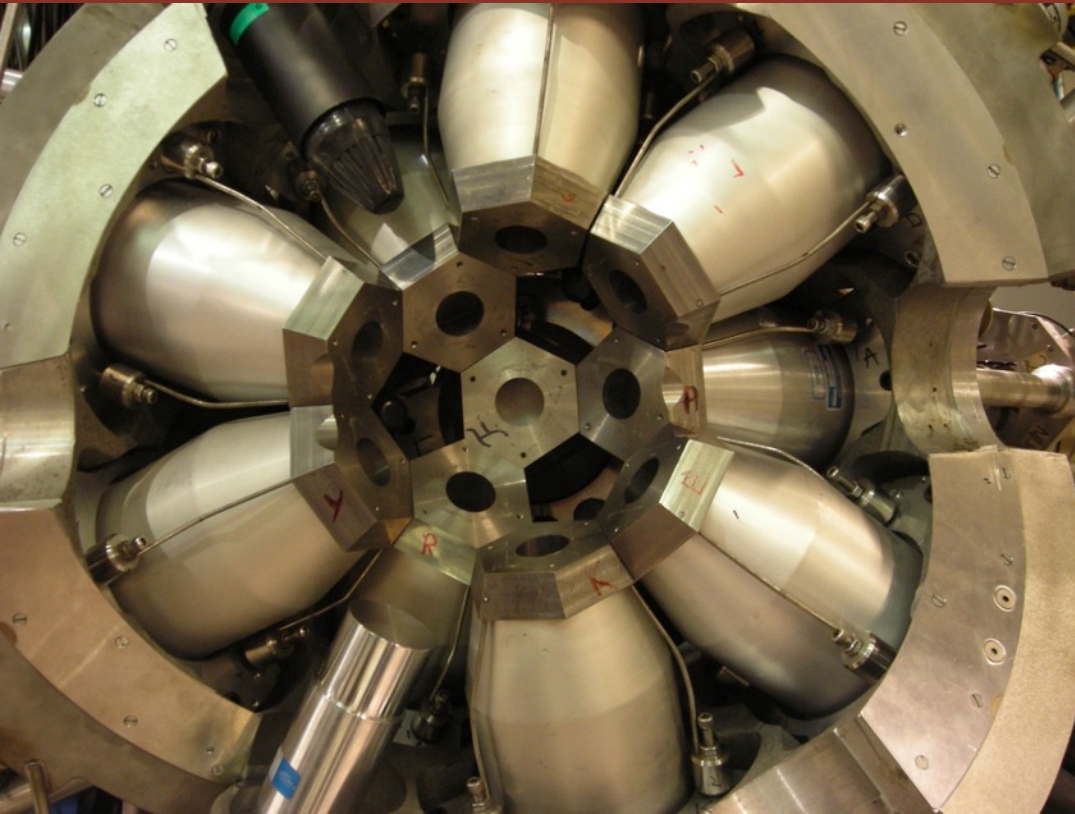
Adam Garnsworthy | Research Scientist | TRIUMF

Accelerating Science for Canada
Un accélérateur de la démarche scientifique canadienne

Owned and operated as a joint venture by a consortium of Canadian universities via a contribution through the National Research Council Canada
Propriété d'un consortium d'universités canadiennes, géré en co-entreprise à partir d'une contribution administrée par le Conseil national de recherches Canada



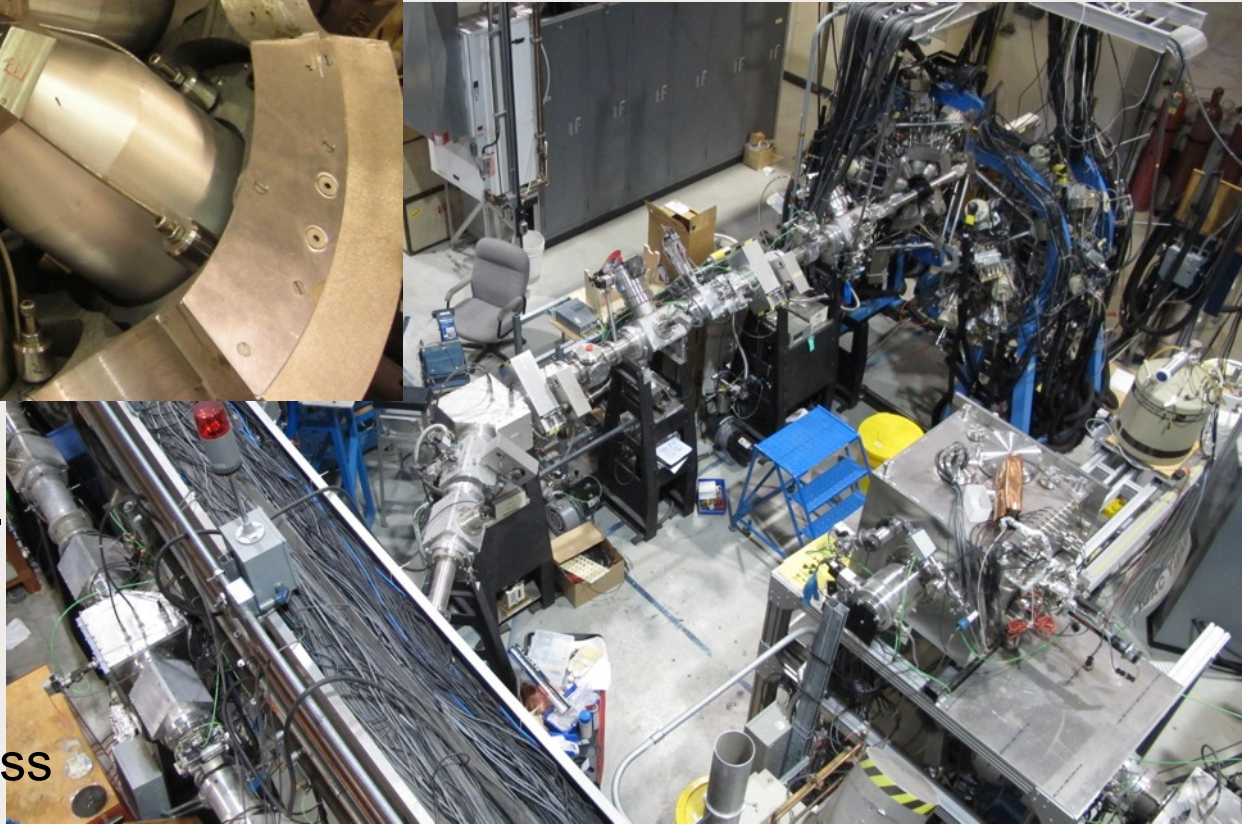
The 8π Spectrometer at TRIUMF-ISAC



Performed decay spectroscopy at TRIUMF-ISAC-I from Feb 2002 to Dec 2013

Researchers from 24 institutions from 8 countries.

>25 post-docs,
5 PhD, 12 MSc, 1 MPhys
12 Grad. Students in progress



The 8 π Spectrometer at TRIUMF-ISAC

35 publications including 4 PRLs
22 on Nuclear Structure
13 on Superalowed beta decay

Superalowed Beta Decay

^{10}C , ^{14}O , ^{18}Ne , ^{19}Ne , ^{26}mAl , ^{38}mK , ^{62}Ga , ^{74}Rb

R. Dunlop *et al.*, PRC 88, 045501 (2013)
G.F. Grinyer *et al.*, PRC 87, 045502 (2013)
A.T. Laffoley *et al.*, PRC 88, 015501 (2013)
P. Finlay *et al.*, PRC 85, 055501 (2012)
S. Triambak *et al.*, PRL 109, 042301 (2012)
P. Finlay *et al.*, PRC 78, 025502 (2008)
K.G. Leach *et al.*, PRL 100, 192504 (2008)
G.F. Grinyer *et al.*, PRC 76, 025503 (2007)
E.F. Zganyar *et al.*, Acta Phys.Pol. B38, 1179 (2007)
B. Hyland *et al.*, PRL. 97, 102501 (2006)
B. Hyland *et al.*, AIP Conf.Proc. 819, 105 (2006)
G.F. Grinyer *et al.*, PRC 71, 044309 (2005)
A. Piechaczek *et al.*, PRC 67, 051305 (2003)

High-statistics studies of Cd, Sn, Xe

A.J. Radich *et al.*, Submitted to PRC (2015)
P.E. Garrett *et al.*, PRC 86, 044304 (2012)
P.E. Garrett *et al.*, Acta Phys.Pol. B42, 799 (2011)
P.E. Garrett *et al.*, AIP Conf.Proc. 1377, 211 (2011)
K.L. Green *et al.*, PRC 80, 032502 (2009)

Half Life of geochronometer, ^{176}Lu

G.F. Grinyer *et al.*, PRC 67, 014302 (2003)

Structure of $^{219-223}\text{Rn}$ towards a RnEDM search

Isomer decay in ^{174}Tm , ^{178}Hf , ^{179}Lu

R.S. Chakrawarthy *et al.*, PRC 73, 024306 (2006)
R.S. Chakrawarthy *et al.*, EPJ. A 25, S1, 125 (2005)
M.B. Smith *et al.*, NPA746, 617c (2004)
M.B. Smith *et al.*, PRC 68, 031302 (2003)

Large Beta-Delayed neutron branching ratio observed from ^{102}Rb

Z.M.Wang, A.B. Garnsworthy *et al.*, Submitted to PRC (2015)

Shape coexistence in neutron-rich Sr, Zr

A. Chakraborty *et al.*, PRL 110, 022504 (2013)

Island of inversion, ^{32}Mg

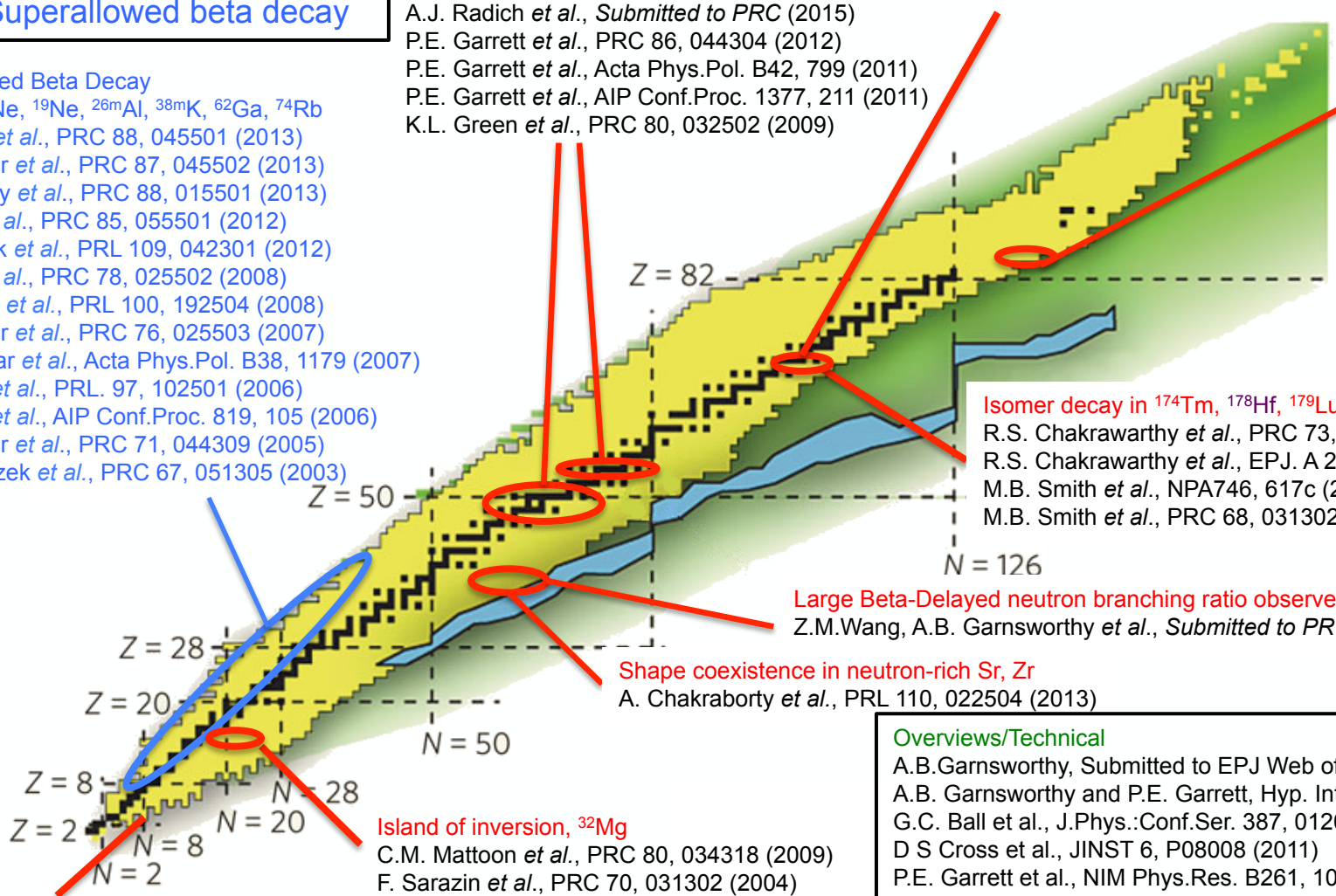
C.M. Mattoon *et al.*, PRC 80, 034318 (2009)
F. Sarazin *et al.*, PRC 70, 031302 (2004)

Overviews/Technical

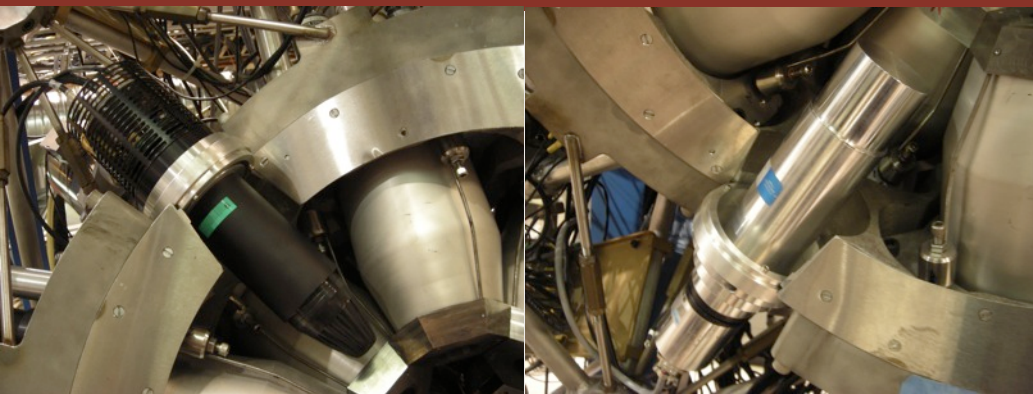
A.B.Garnsworthy, Submitted to EPJ Web of Conf.s (2014)
A.B. Garnsworthy and P.E. Garrett, Hyp. Int. 225, 121 (2014)
G.C. Ball *et al.*, J.Phys.:Conf.Ser. 387, 012014 (2012)
D S Cross *et al.*, JINST 6, P08008 (2011)
P.E. Garrett *et al.*, NIM Phys.Res. B261, 1084 (2007)
G.C. Ball *et al.*, J.Phys.(London) G31, S1491 (2005)
S.J. Williams *et al.*, J.Phys.(London) G31, S1979 (2005)

^{11}Li beta-delayed neutron emission

C.M. Mattoon *et al.*, PRC 75, 017302 (2007)



Di-pentagonal Array for Nuclear Timing Experiments

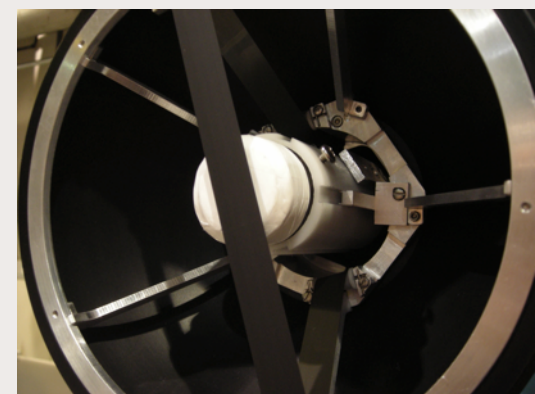
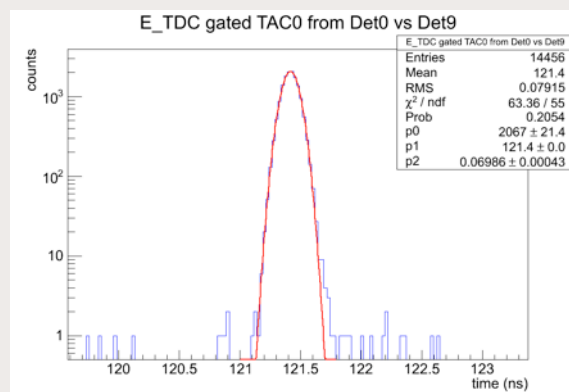
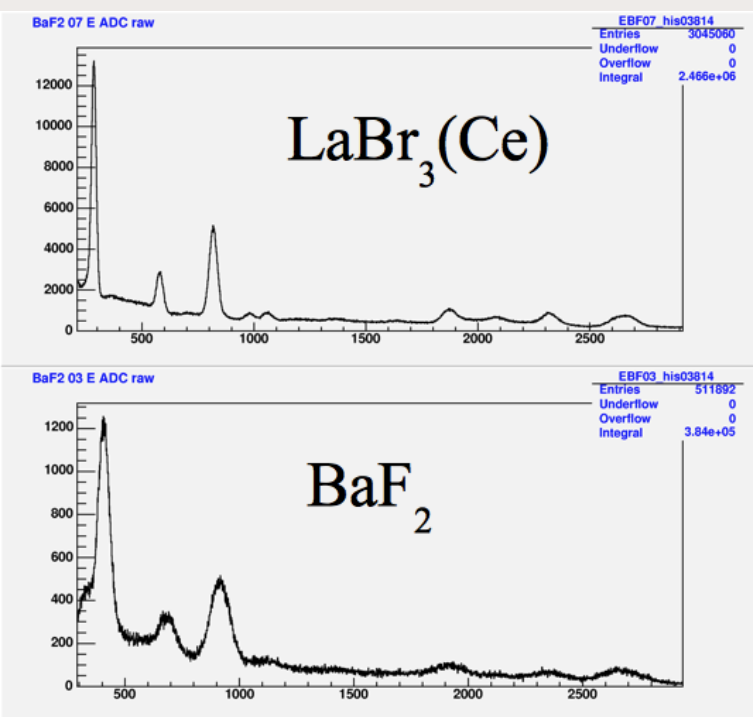


Fast-timing allows the determination of transition rates

- BaF₂, truncated cone;
base 4cm, front 2cm, length 3cm
- LaBr₃(Ce) 2"x2" cylinder

Superior Energy resolution (x3) and efficiency (x2)

LaBr-LaBr FWHM <200 ps



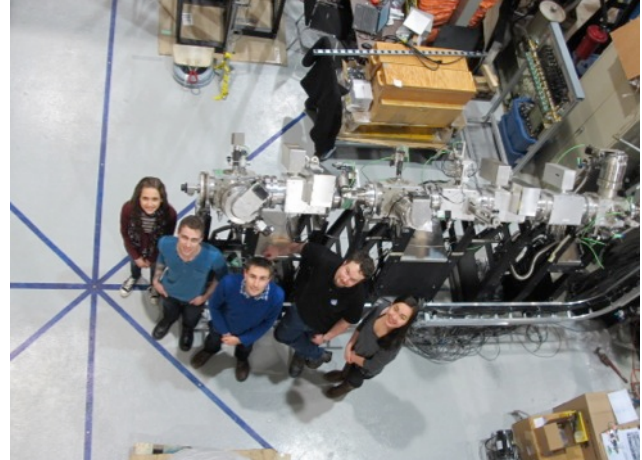
Fast Zero-degree scintillator for β - γ timing. BC422Q = 0.7ns



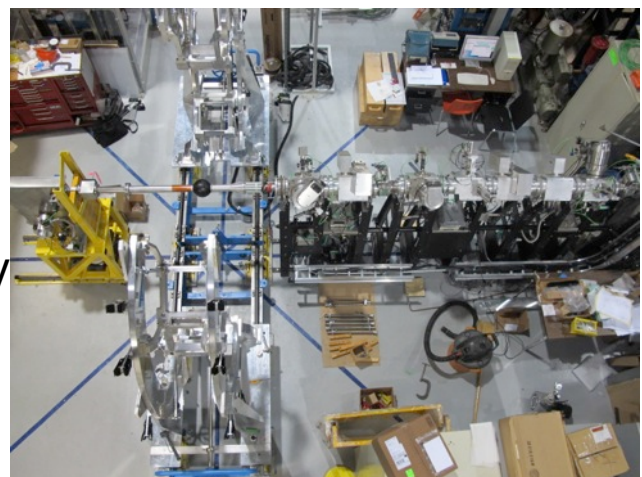
Jan →



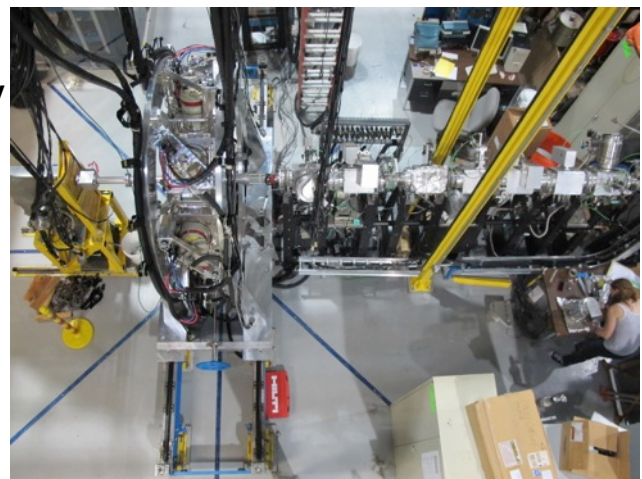
Feb →



Apr

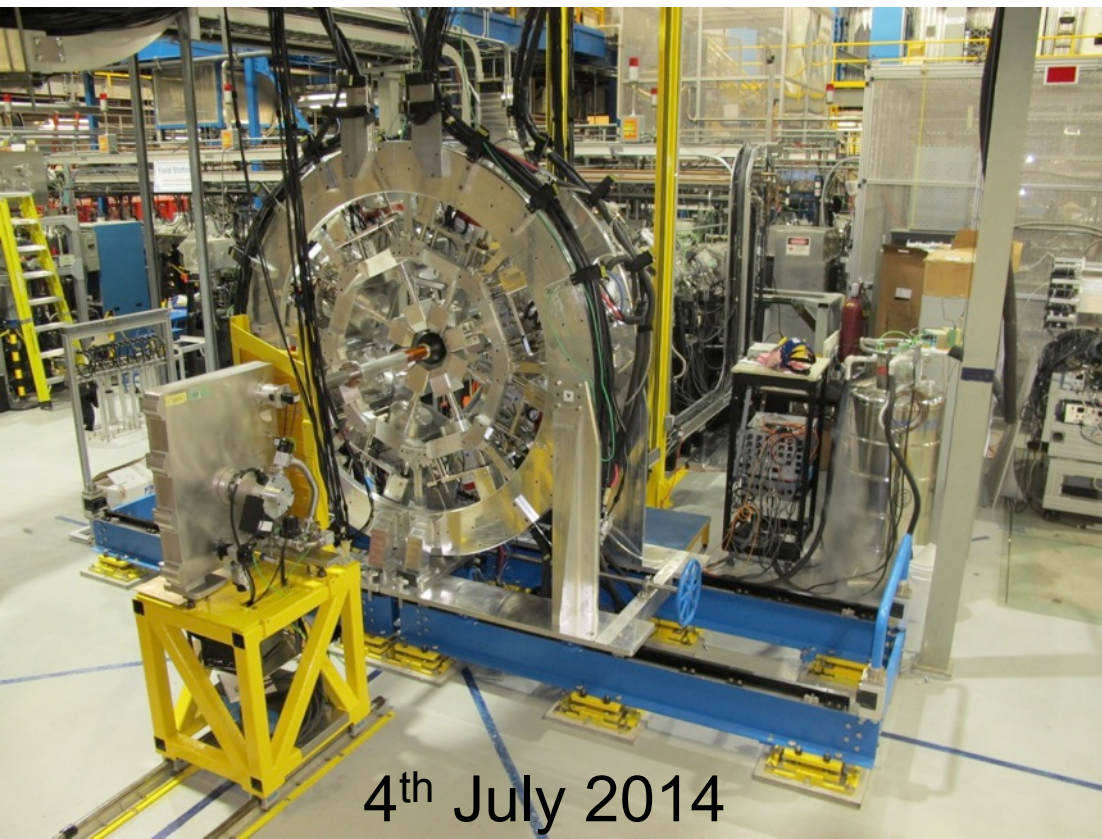


May



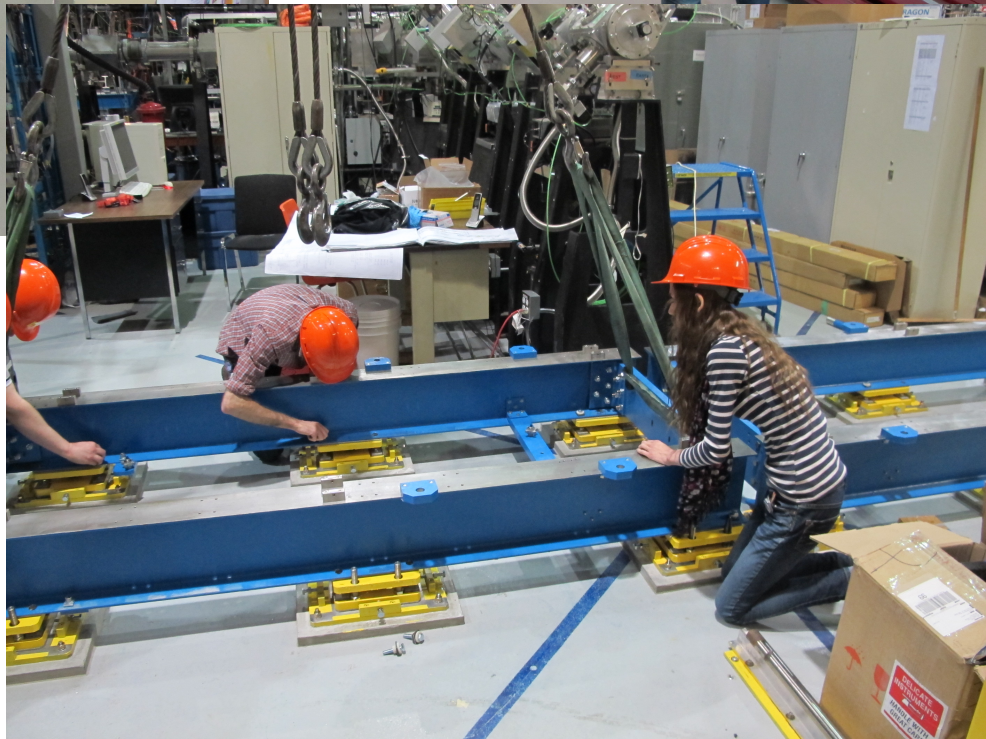
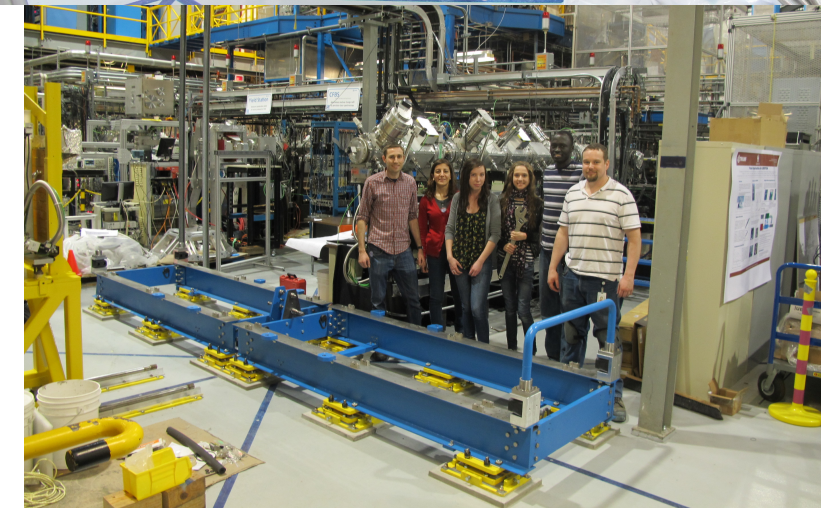
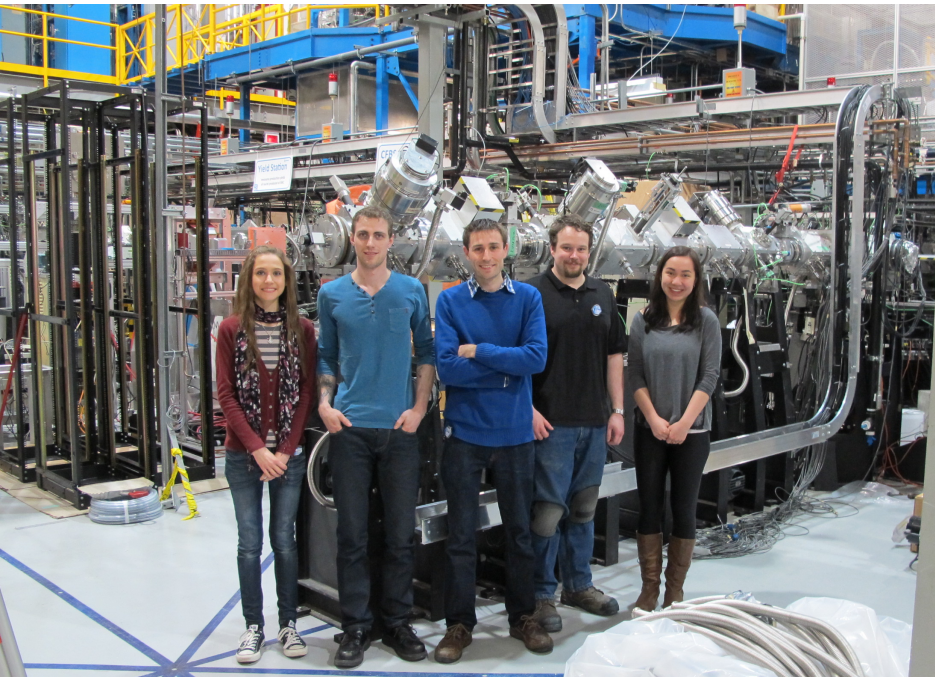
July

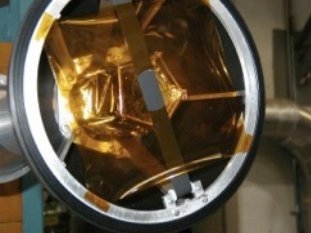
GRIFIN Installation in 2014



4th July 2014

Surrey MPhys Student, Lisa Morrison GRIFFIN Installation in 2014



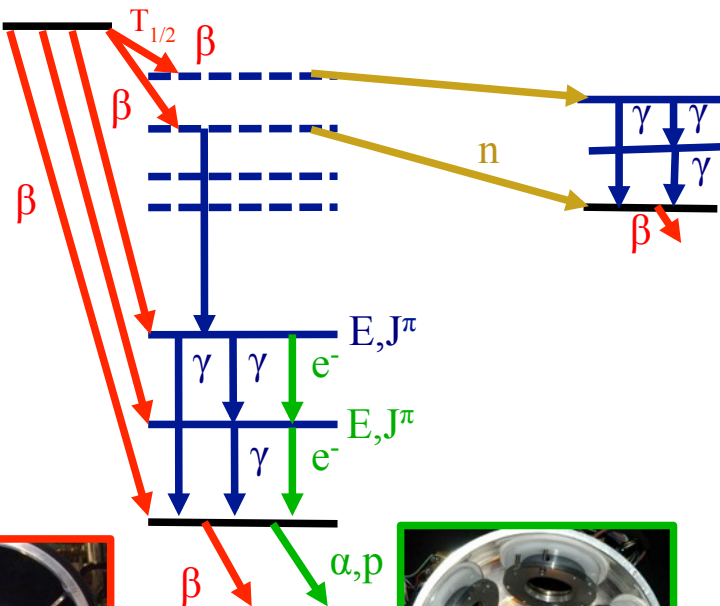


GRIFFIN Facility at TRIUMF

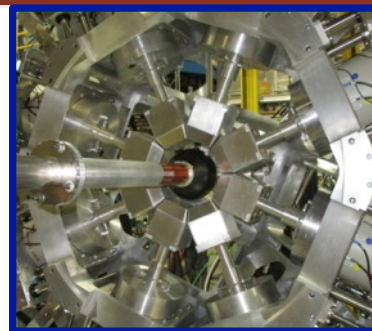
Sensitive Decay Spectroscopy

Fast, in-vacuum tape system
Enhances decay of interest

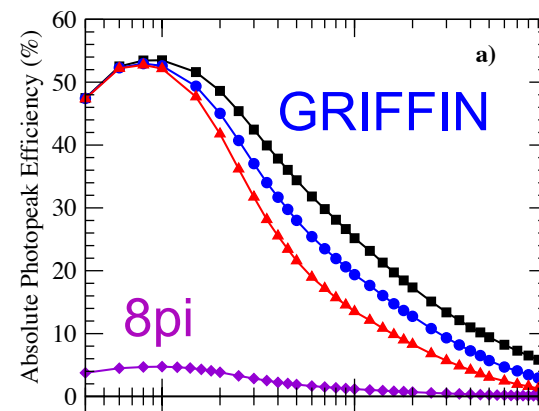
ISOBAR $T_{1/2}$ Longer
 J^π ISOMER $T_{1/2}$ Shorter
 J^π GS



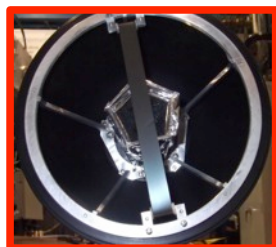
Initial operation in
fall 2014. Fully
commissioned in 2015



HPGe: 16 Clovers
*Detect gamma rays and
determines branching
ratios, multipolarities and
mixing ratios*



Digital DAQ



SCEPTAR: 10+10 plastic
scintillators
*Detects beta decays and
determines branching ratios*



PACES: 5 Cooled Si(Li)s
*Detects Internal Conversion
Electrons and alphas/protons*

DESCANT
*Detects neutrons to
measure beta-delayed
neutron branching ratios*

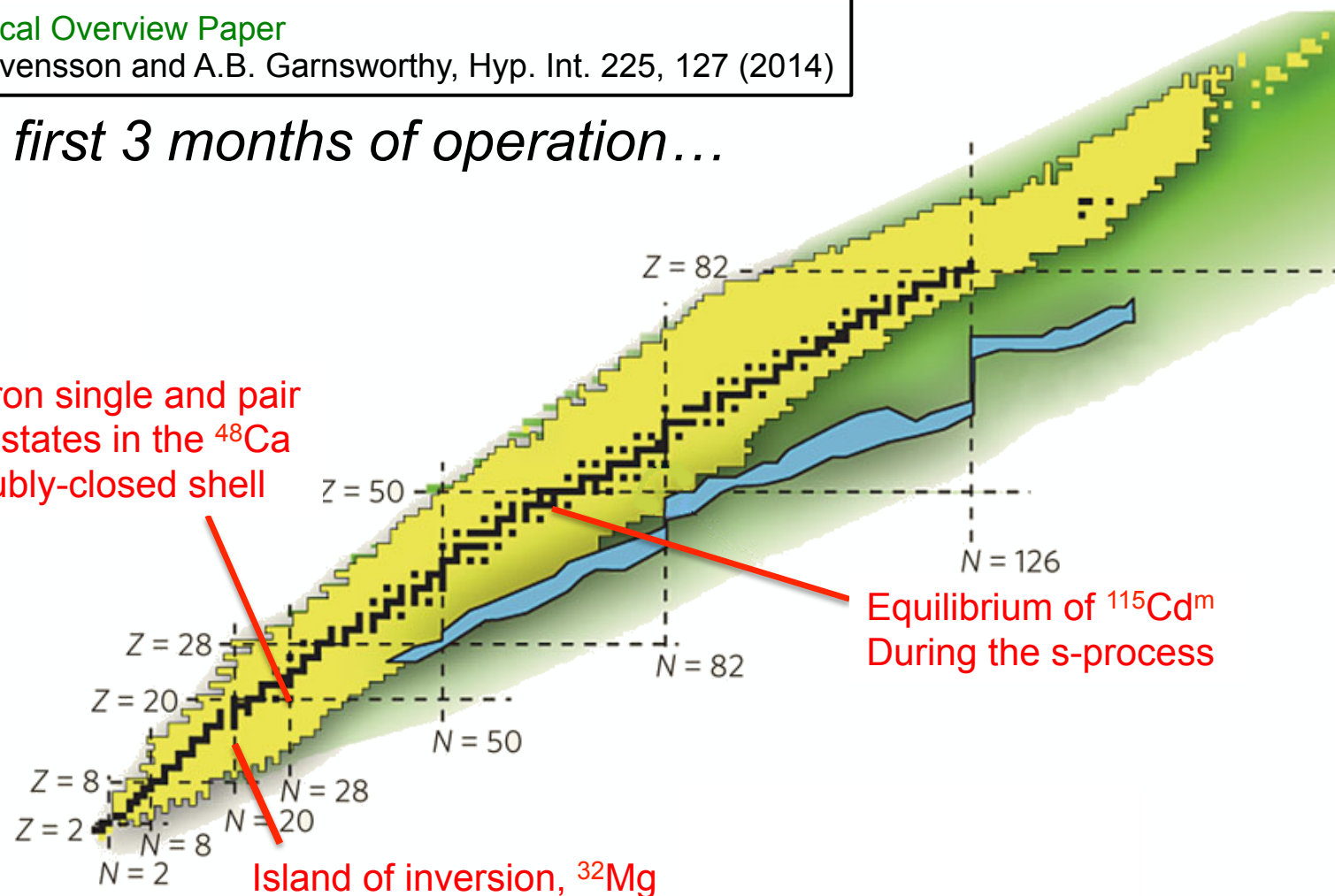


The GRIFFIN Spectrometer at TRIUMF-ISAC

Technical Overview Paper

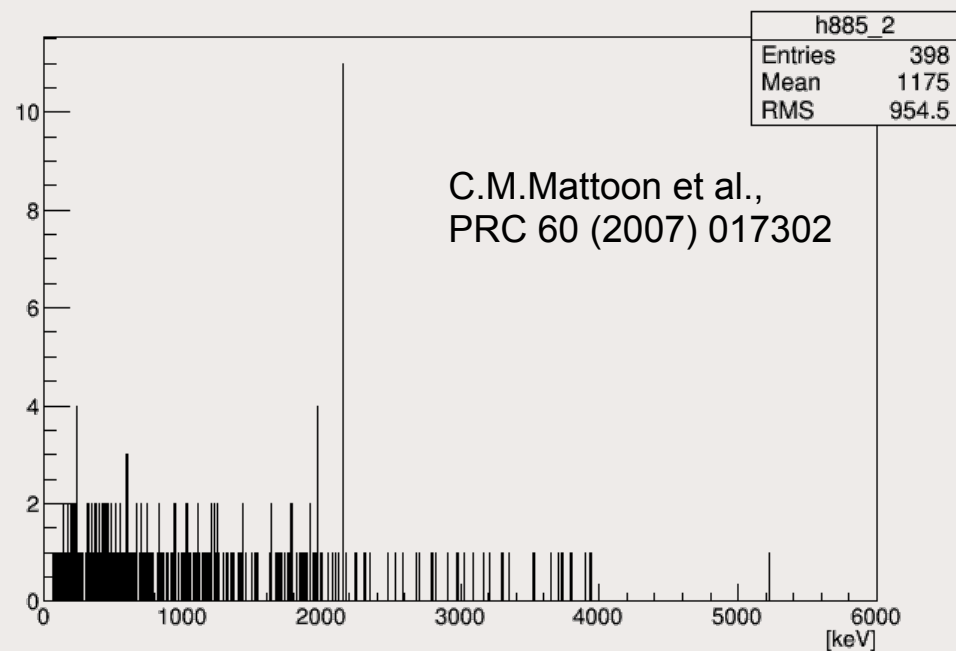
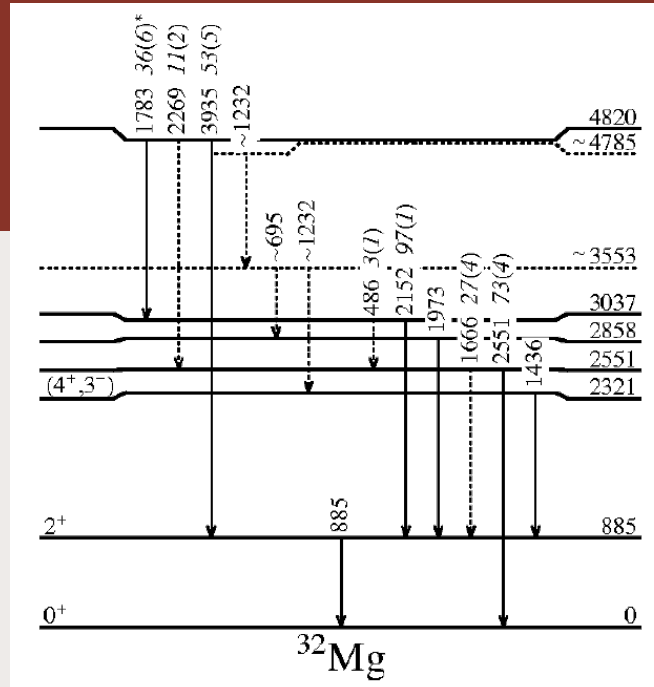
C.E. Svensson and A.B. Garnsworthy, Hyp. Int. 225, 127 (2014)

The first 3 months of operation...



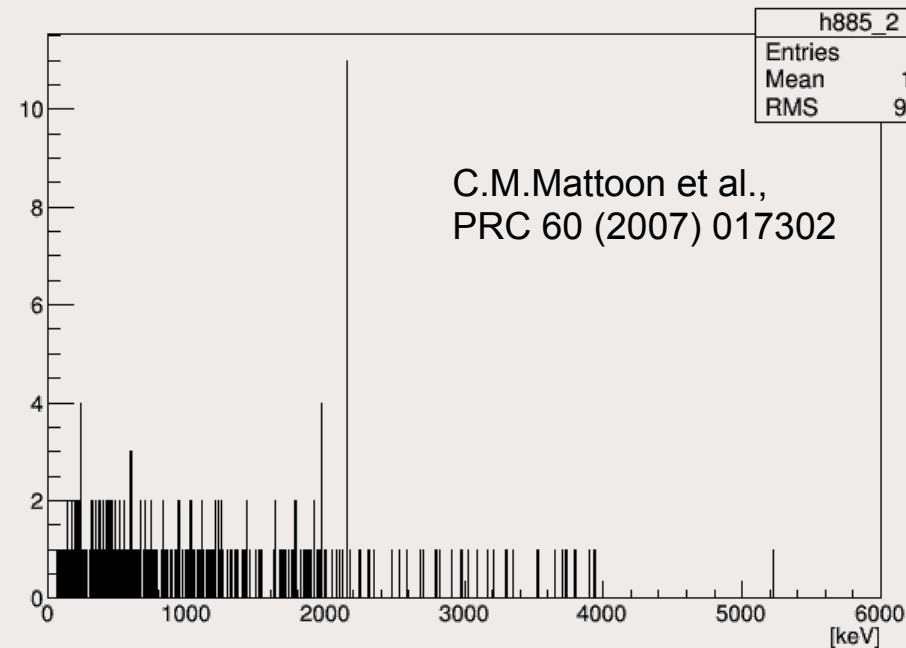
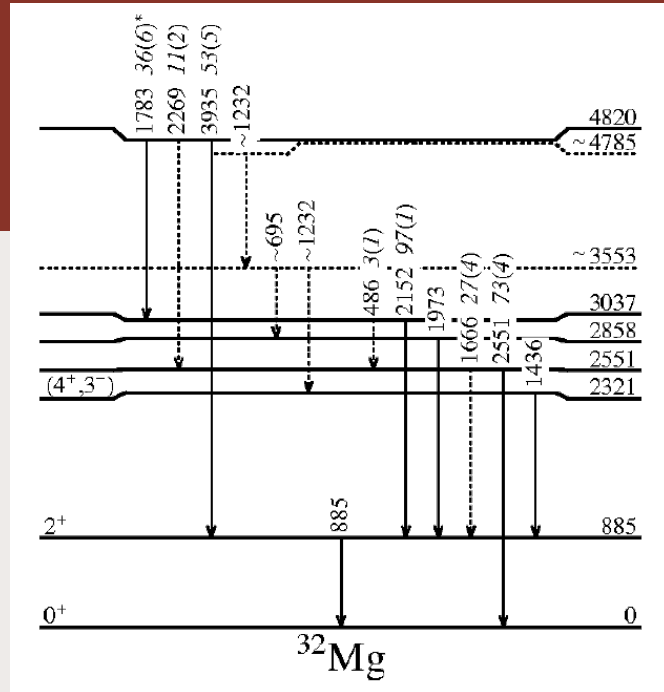
Over 70 scientists from 12 countries have now joined the collaboration

γ - γ coincidences with first
2⁺-0⁺ transition, [883,887] keV

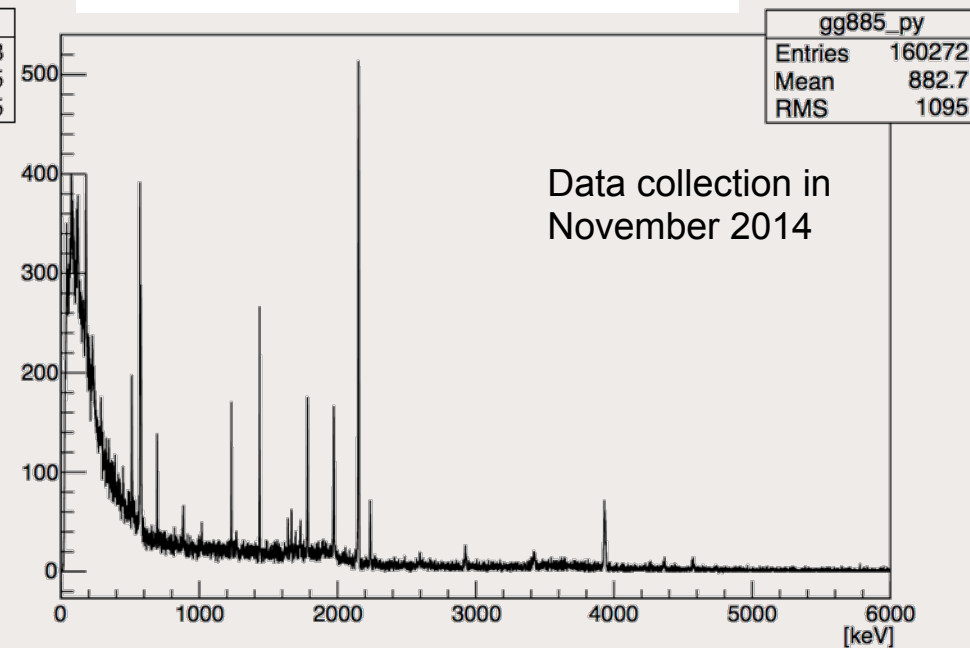


8pi: 2-3 pps, 5 days

γ - γ coincidences with first
 $2^+ \rightarrow 0^+$ transition, [883,887] keV

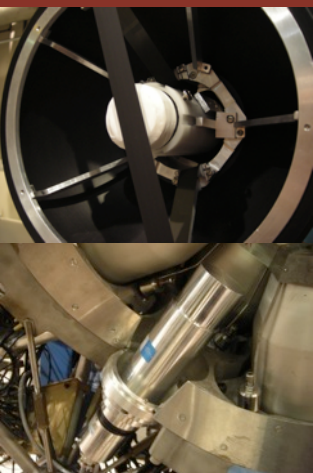


8pi: 2-3 pps, 5 days

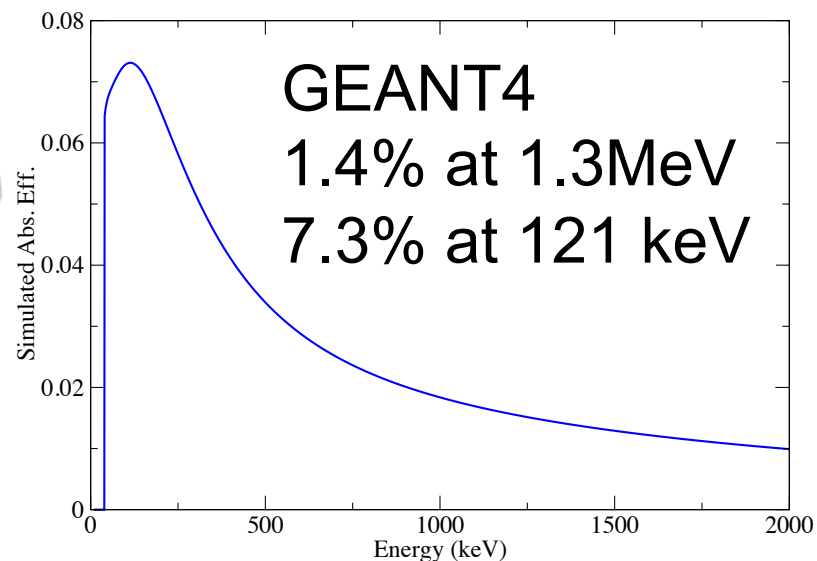
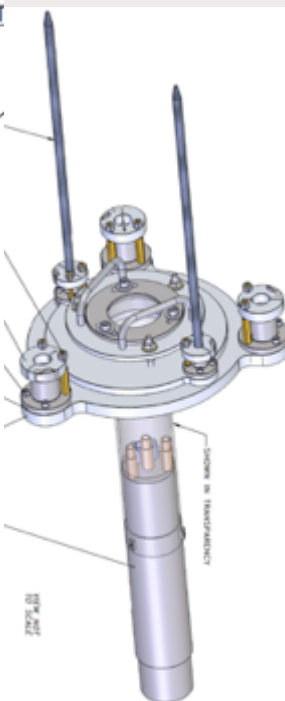
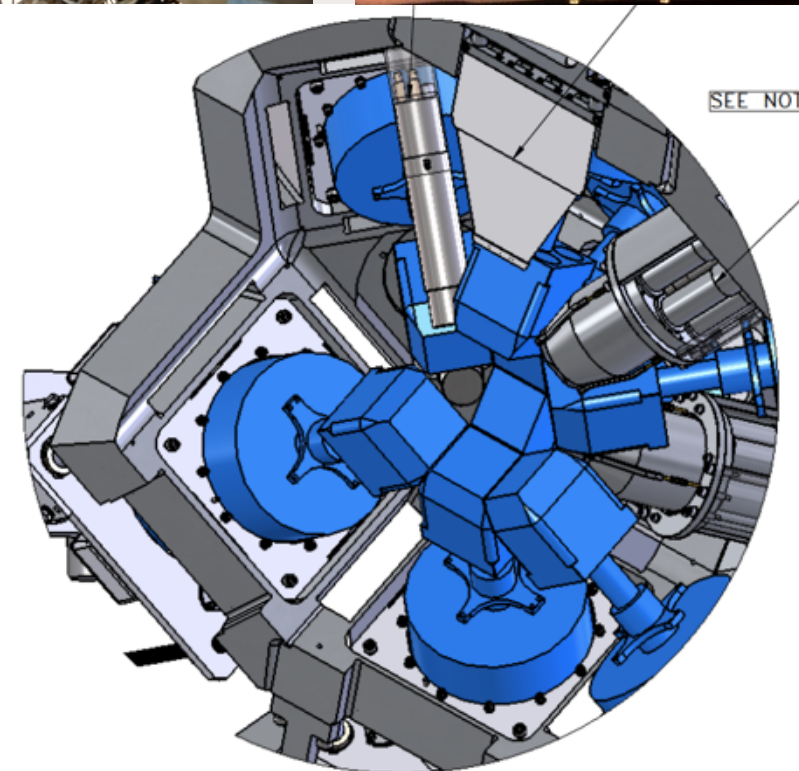


GRIFFIN: ~9 pps, ~2 days

Fast-Scintillator Array for Excited-State Lifetime Timing

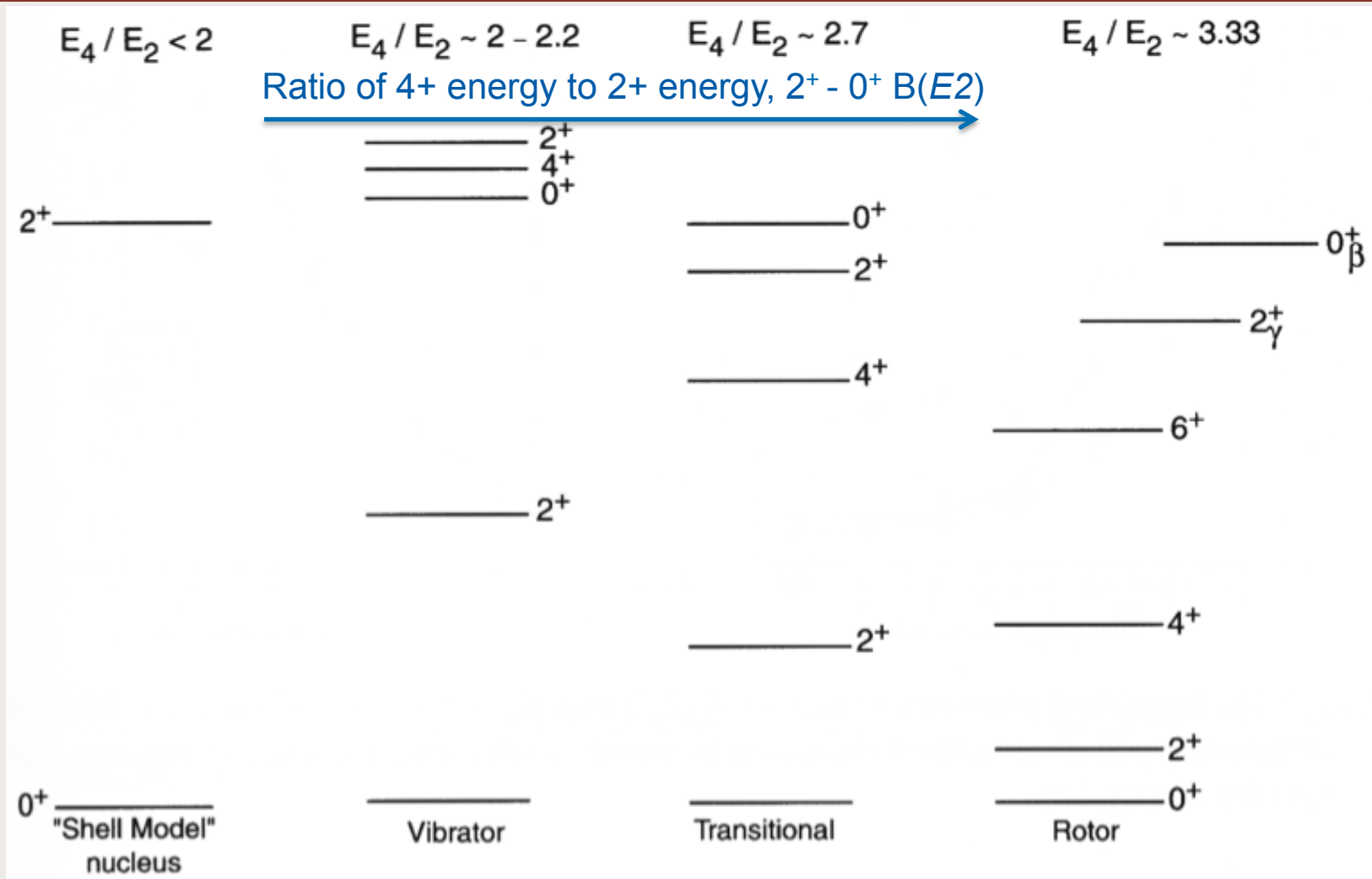


- Eight $\text{LaBr}_3(\text{Ce})$ 2"x2" cylindrical crystal
- Source-detector distance=12.5 cm.
- GEANT4 simulated efficiency 1.4% @ 1.3 MeV
- LaBr-LaBr FWHM < 200 ps achieved in 8pi analogue electronics
- Fast Zero-degree scintillator for β - γ timing. BC422Q = 0.7 ns



Lifetime Measurements for the Determination of Electric Monopole Transition Strengths

Excitation Mechanisms of Nuclei

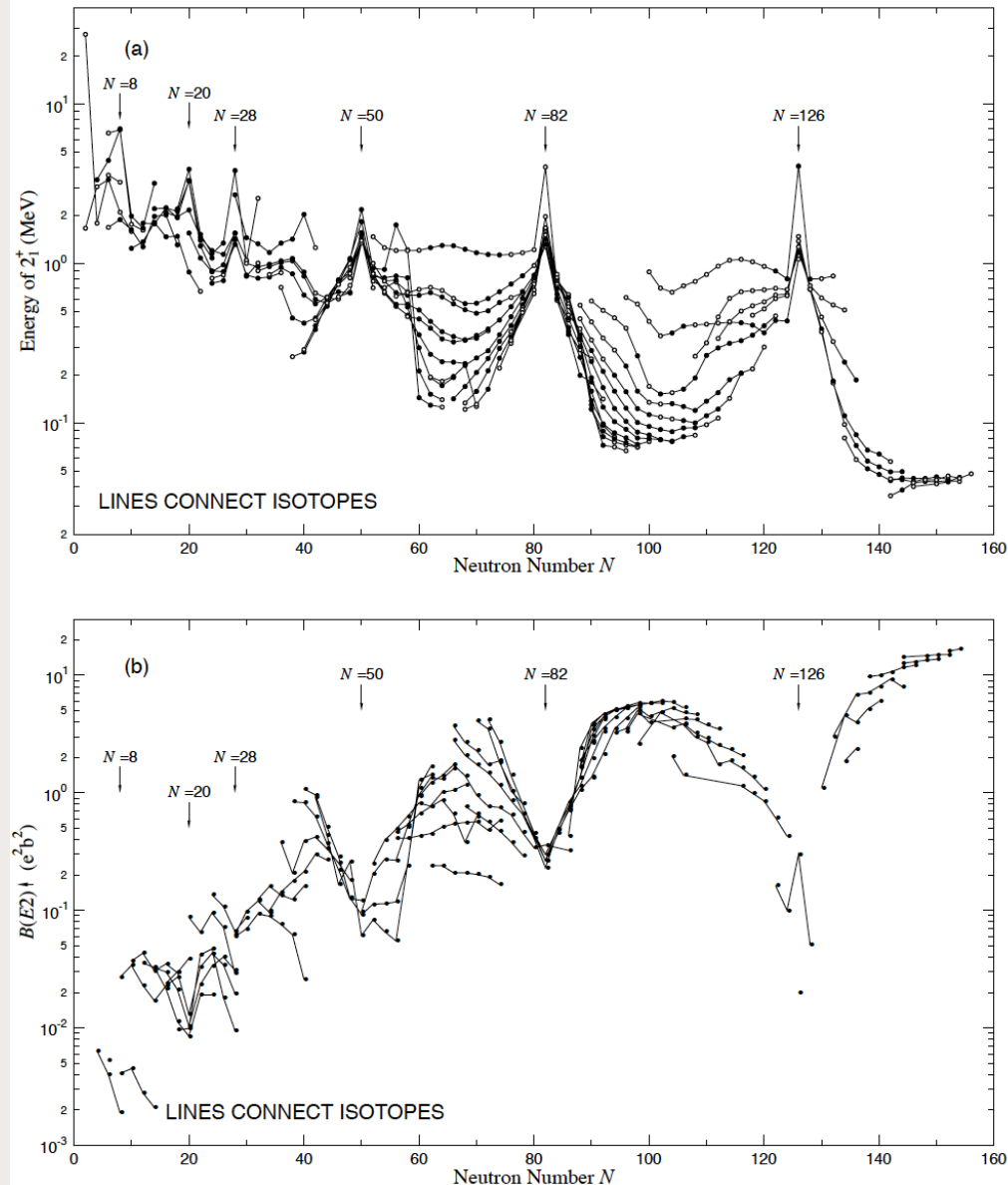


First 2+ energy

Evolution of Structure

- Peaks/troughs at magic numbers
- Smooth transition away from magic numbers

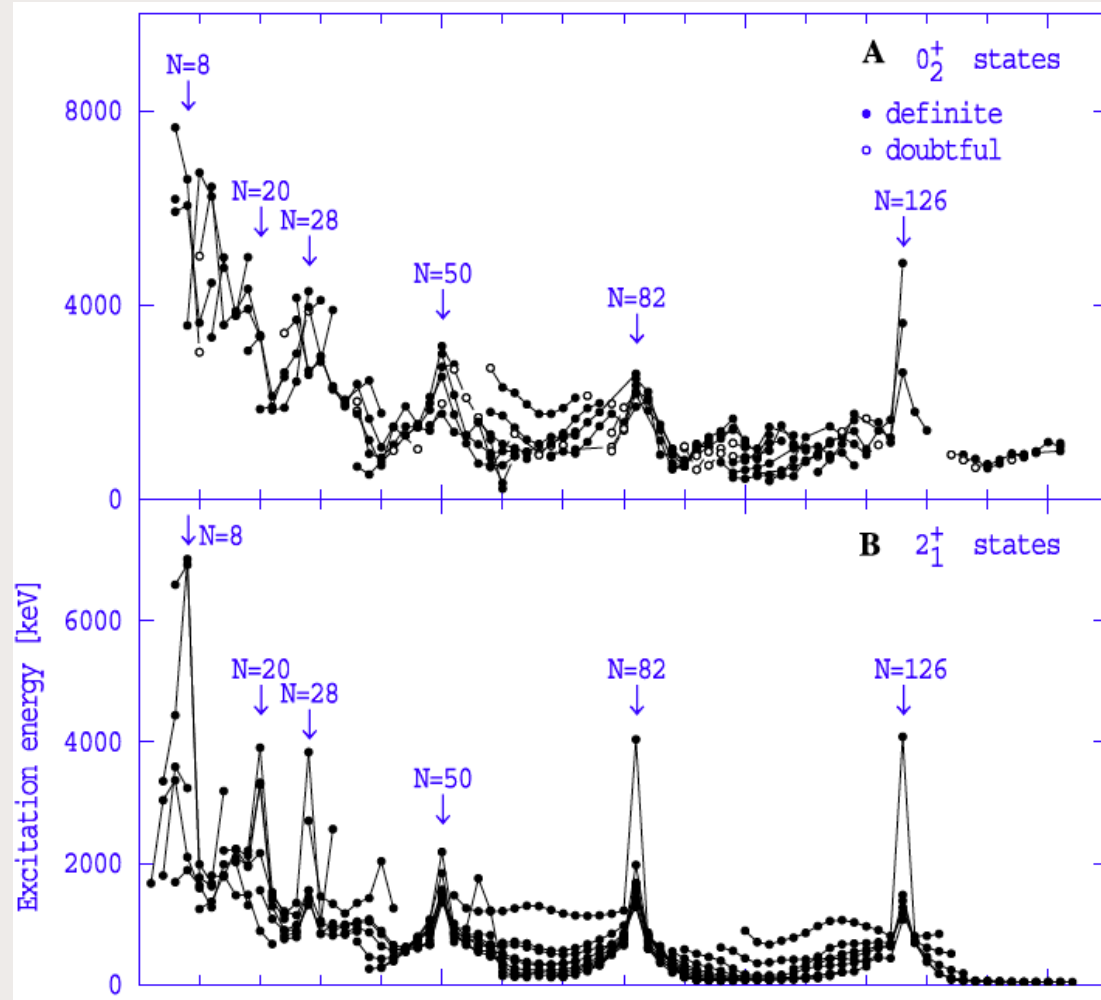
What mechanisms drive the transition from spherical, single-particle structures to deformed, collective excitations?



Evolution of Structure

- Peaks/troughs at magic numbers
- Smooth transition away from magic numbers

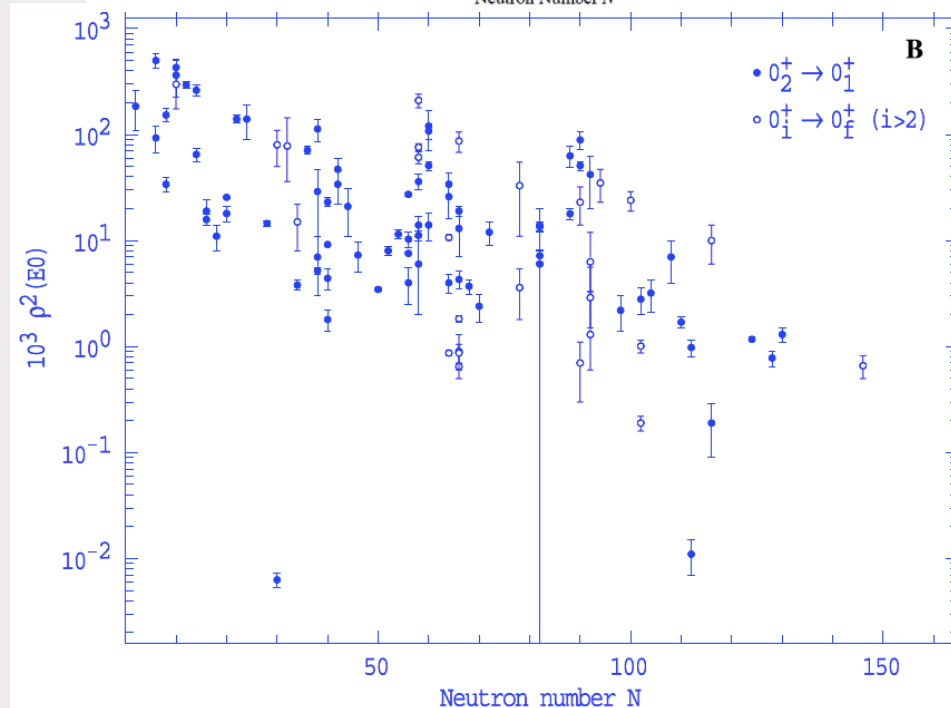
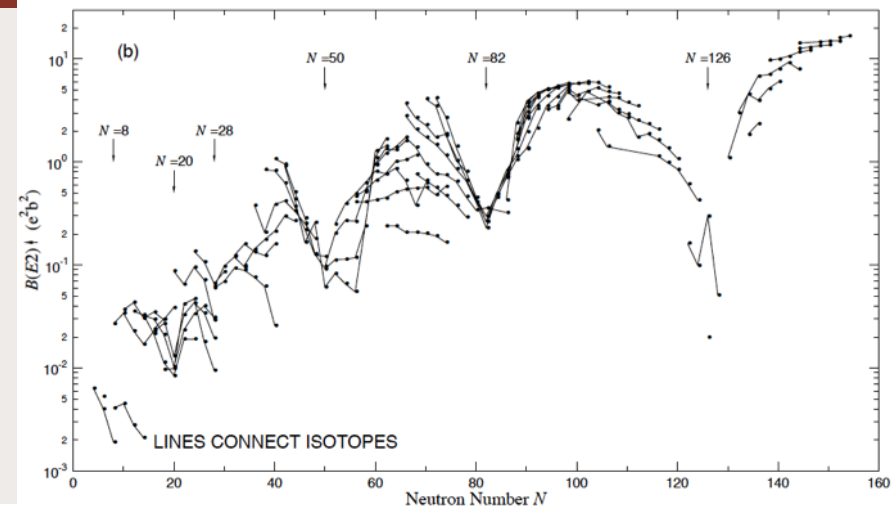
What mechanisms drive the transition from spherical, single-particle structures to deformed, collective excitations?



Evolution of Structure

- Peaks/troughs at magic numbers
- Smooth transition away from magic numbers

What mechanisms drive the transition from spherical, single-particle structures to deformed, collective excitations?



Figures from S. Raman, C.W. Nestor, JR., P. Tikkanen, Atomic Data and Nuclear Data Tables 78, 1 (2001), and T. Kibédi and R.H. Spear, Atomic Data and Nuclear Data Tables 89, 77 (2005).

Theoretical Interpretation

- Shell Model

J.L. Wood, Nucl. Phys. A 651, 323 (1999).

$$\rho^2 = 0.5A^{-\frac{2}{3}}$$

- Beta Vibration

P.E. Garrett, J. Phys. G: Nucl. Part. Phys. 27, R1 (2001).

$$\rho^2(E0; n_\beta = 1 \rightarrow n_\beta = 0) = \frac{9}{8\pi^2} Z^2 \beta_0^4 \frac{E(2_1^+)}{E(0_\beta^+)}$$

- IBA

P. Van Isacker, Nuclear Data Sheets 120, 119 (2014).

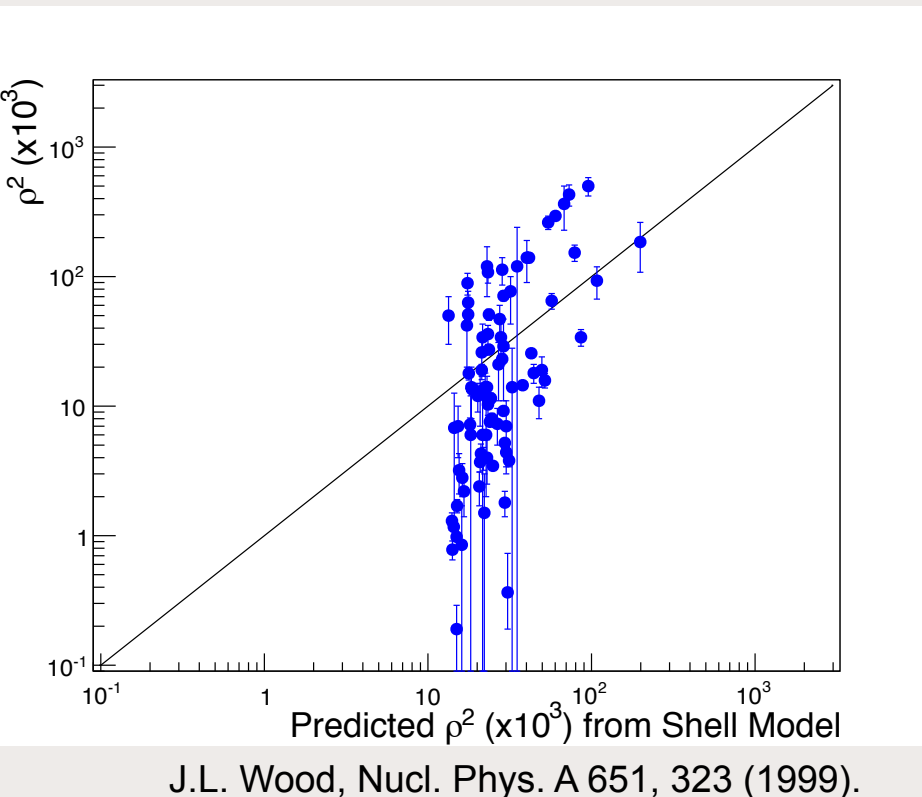
S. Zerguine et al., PRL 101, 022502 (2008).

G. Ilie and R.F.Casten, Phys. Rev. C 84, 064320 (2011).

Theoretical Interpretation

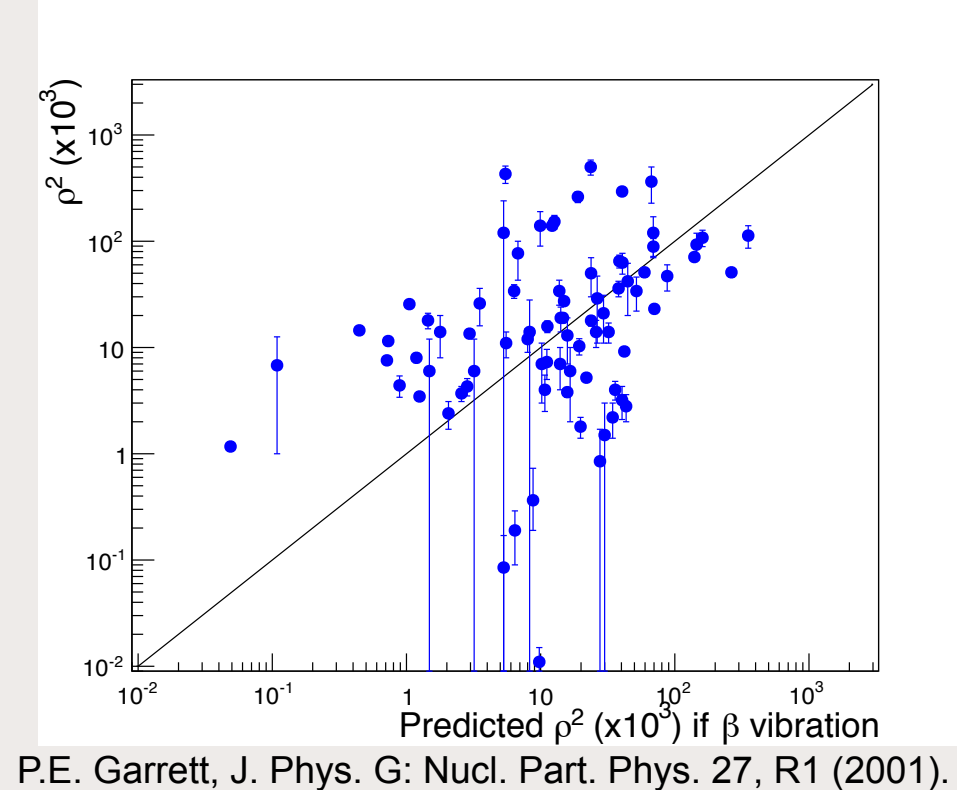
Shell Model

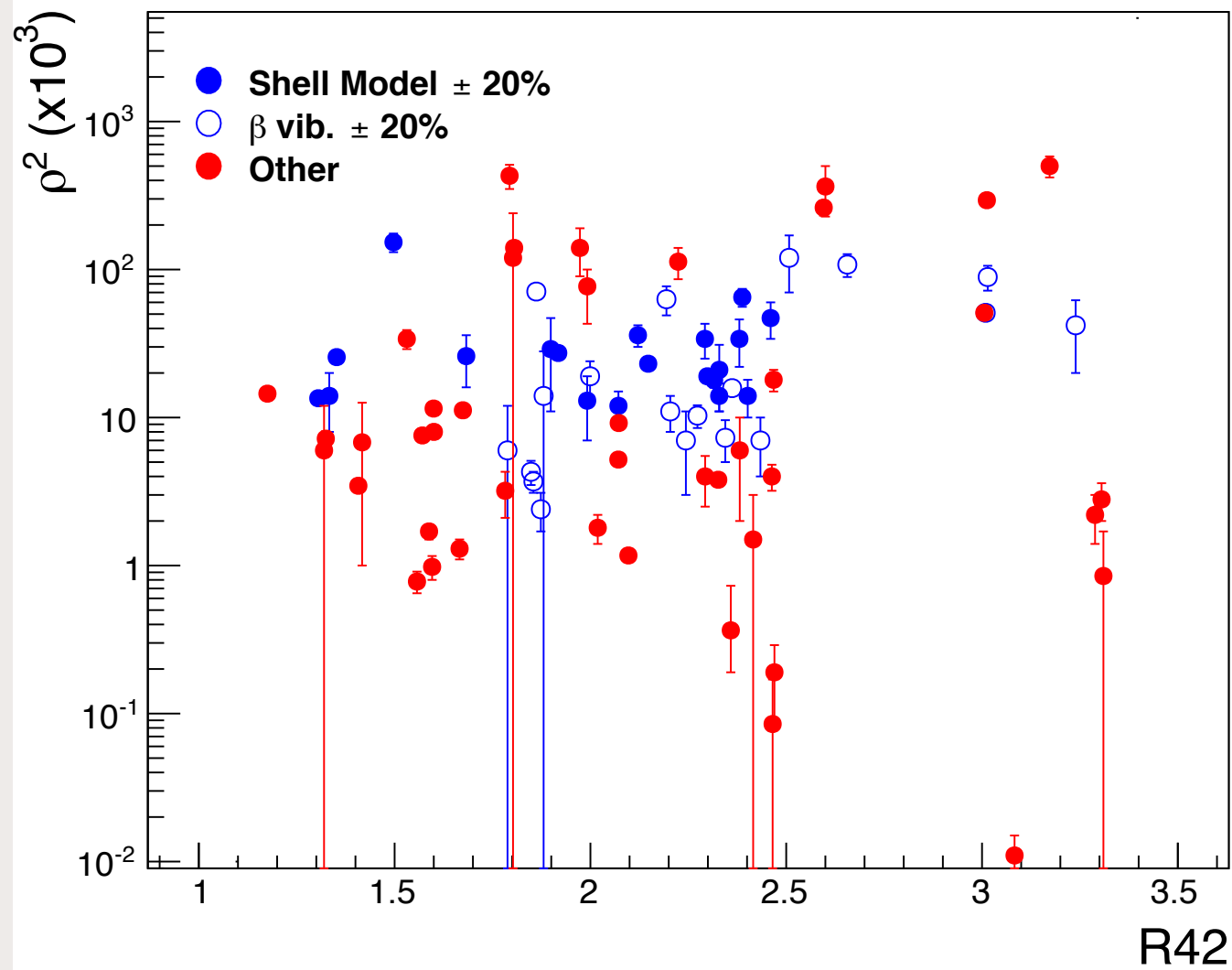
$$\rho^2 = 0.5A^{-\frac{2}{3}}$$

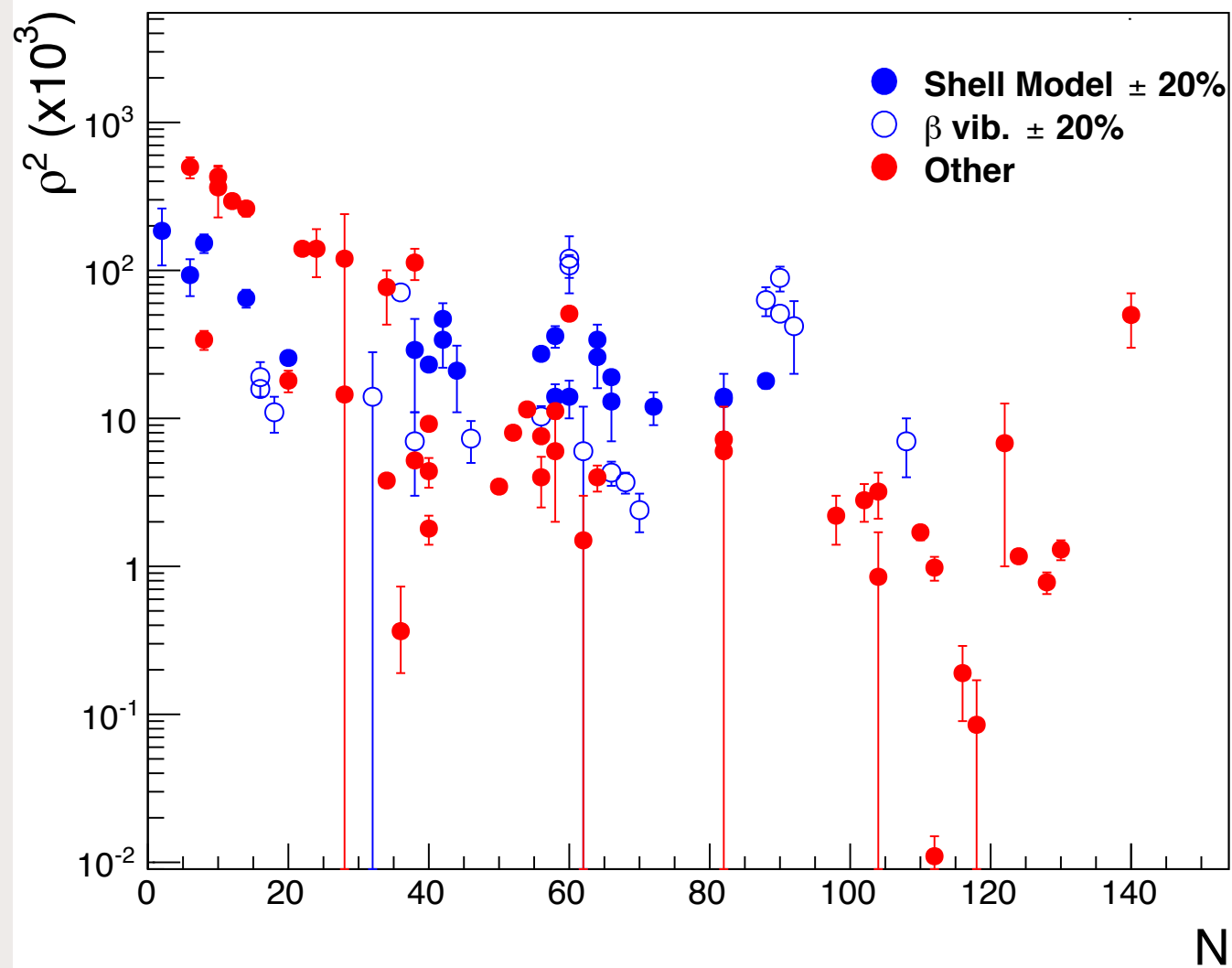


Beta Vibration

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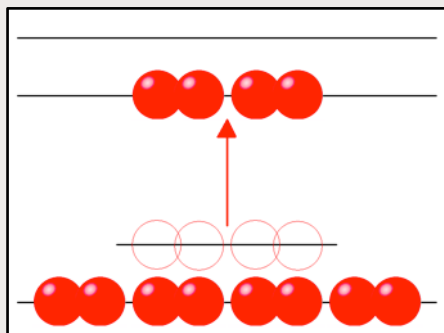




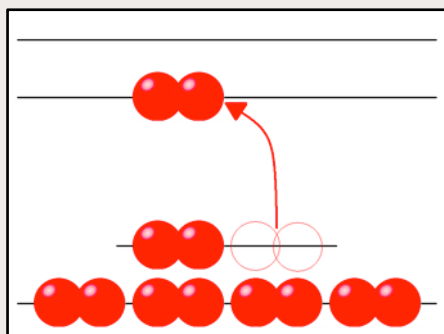


TRIUMF

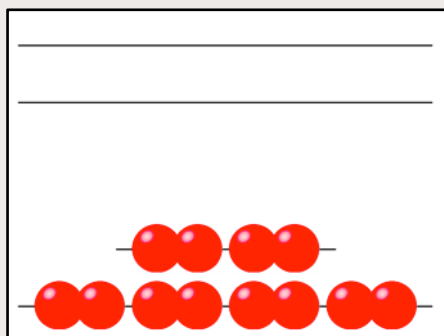
Particle-Hole Excitations



4p - 4h

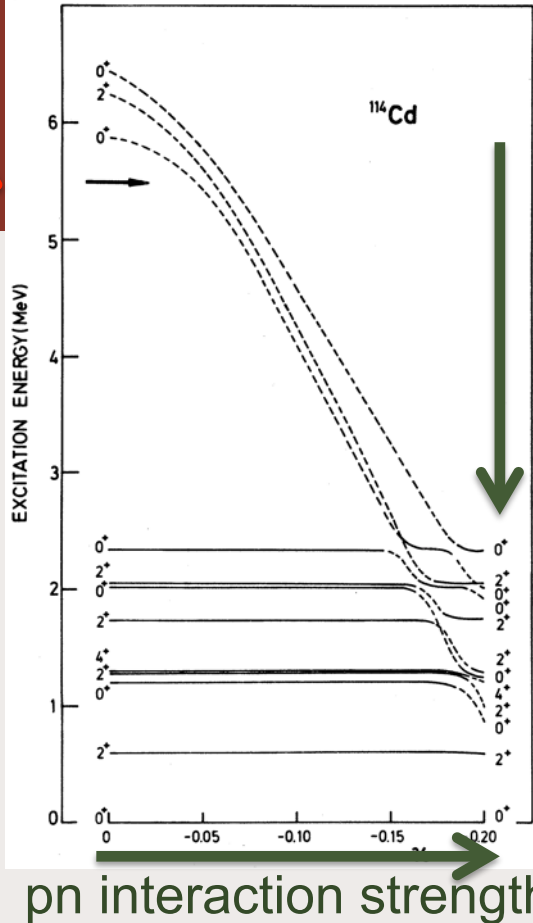


2p - 2h



Ground State

Shell-Gap Energy



K.Heyde *et al.*,
PRC 25, 3160 (1982)

Effect of attractive
proton-neutron
residual interaction

State mixing

Unperturbed Wavefunctions $\rightarrow$ Mixing $\rightarrow$ Mixed Wavefunctions

$E1, \psi1$

$E2, \psi2$

ΔE

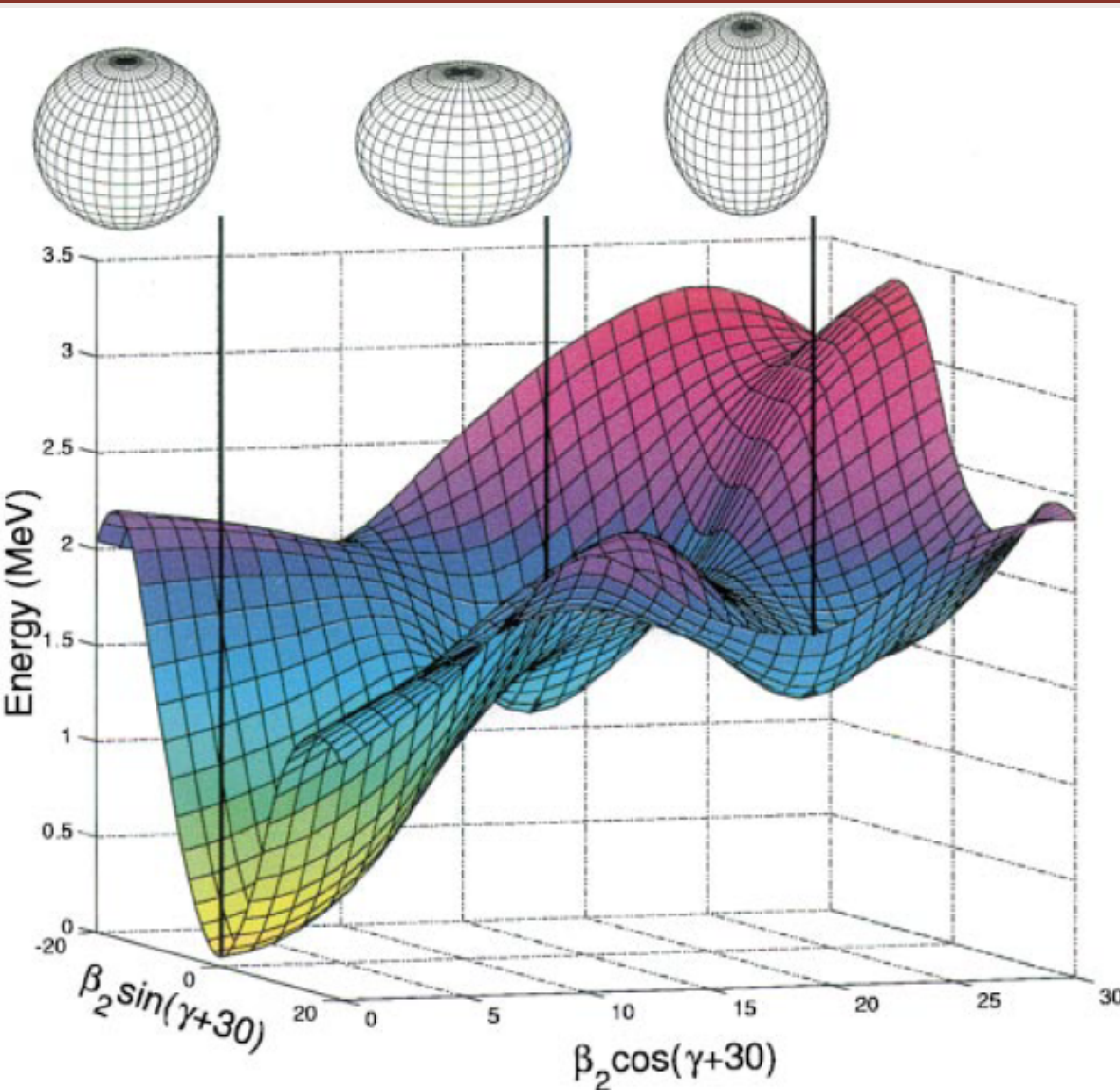
$E1, \Phi1$

$E2, \Phi2$

Where: $\alpha^2 + \beta^2 = 1$

The amount of mixing depends on the mixing amplitude and the initial separation energy of the states (ΔE)

Co-Existing Nuclear Shapes



Letter to Nature, May 2000
 “A triplet of differently shaped spin-zero states in the atomic nucleus ^{186}Pb ”

^{186}Pb : $Z=82$, $N=104$

Recent review by Heyde and Wood, Reviews of Modern Physics 83, 1467 (2011)

Review notes severe lack of experimental data:

- particle transfer
- mean square charge radii
- $B(E2)$, $\langle Q^2 \rangle$
- $E0$ strengths

Figure from A.N. Andreyev, *et al.*, Nature 405, 430 (2000).

$E0$ Transition Strengths

Recall that:

$$\Phi_1 = \alpha\Psi_1 + \beta\Psi_2$$

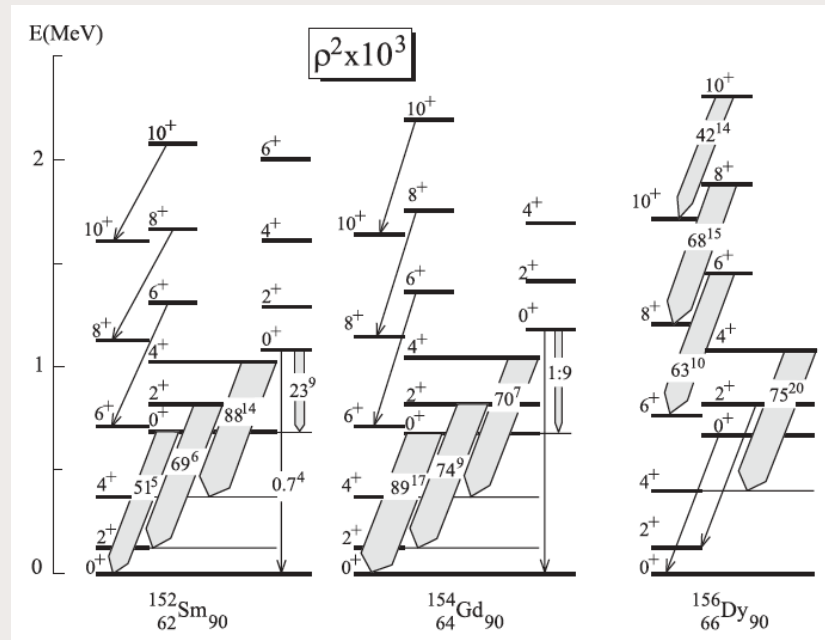
$$\Phi_2 = -\beta\Psi_1 + \alpha\Psi_2$$

where: $\alpha^2 + \beta^2 = 1$

For a transition between these states the $E0$ strength, $\rho_{if} = \frac{\langle \Phi_1 | m(E0) | \Phi_2 \rangle}{eR^2}$

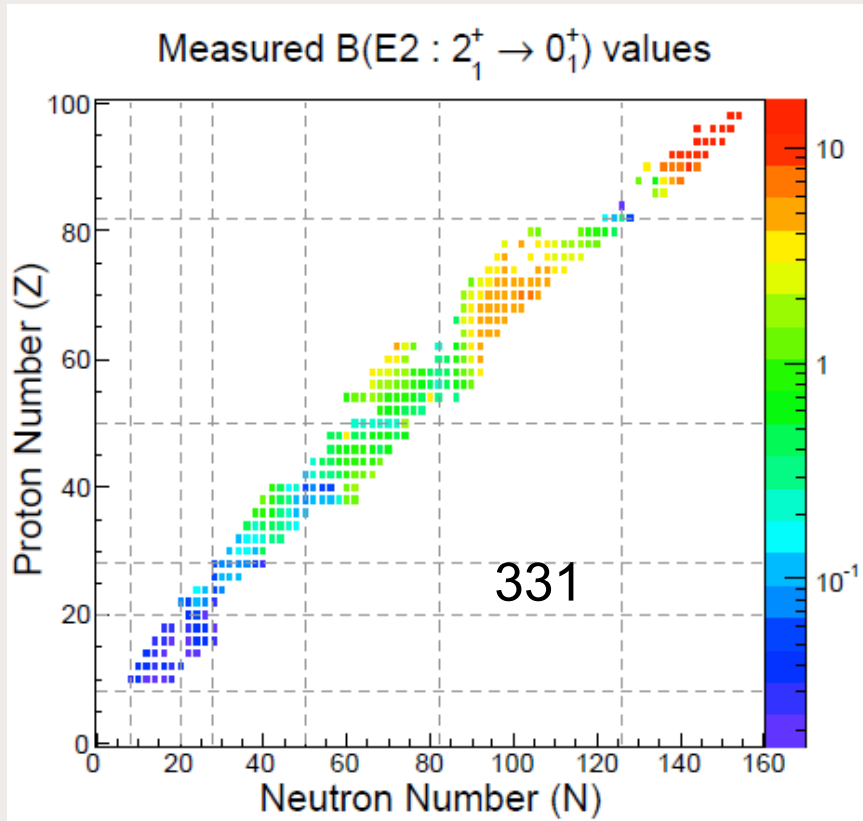
where e = electric charge
and $R = 1.2A^{\frac{1}{3}} fm$ and

$$\langle \Phi_1 | m(E0) | \Phi_2 \rangle \simeq \alpha\beta\Delta\langle r^2 \rangle$$



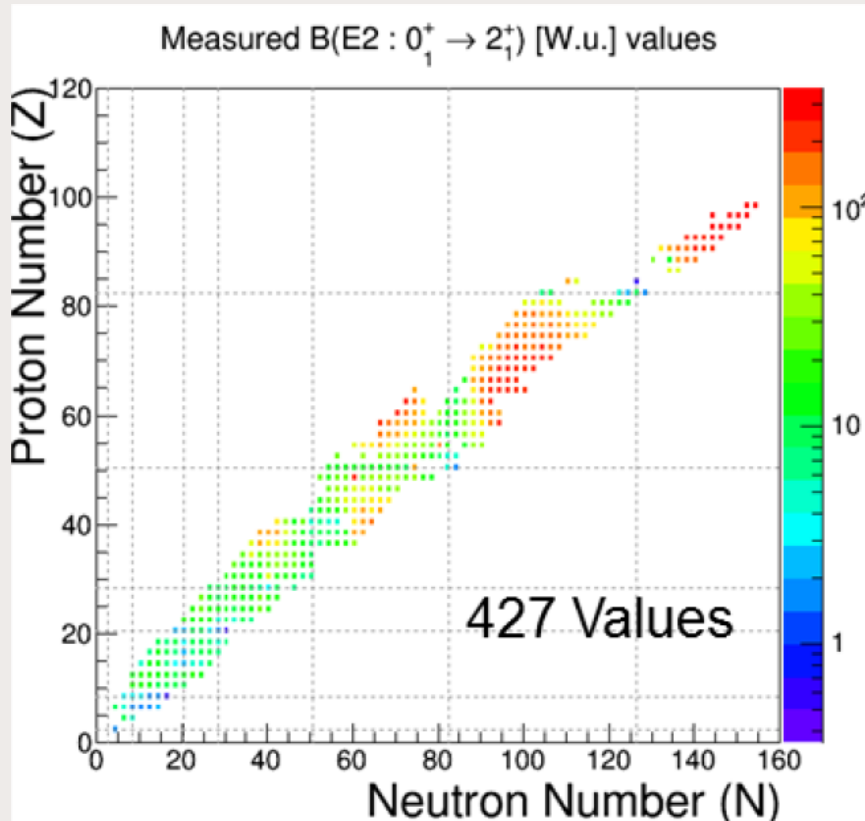
Therefore the $E0$ strength is directly proportional to the difference in deformation and the amount of mixing

Measured $B(E2)$ values



Raman et al., Data Nucl. Data
Tables, 78 (2001)

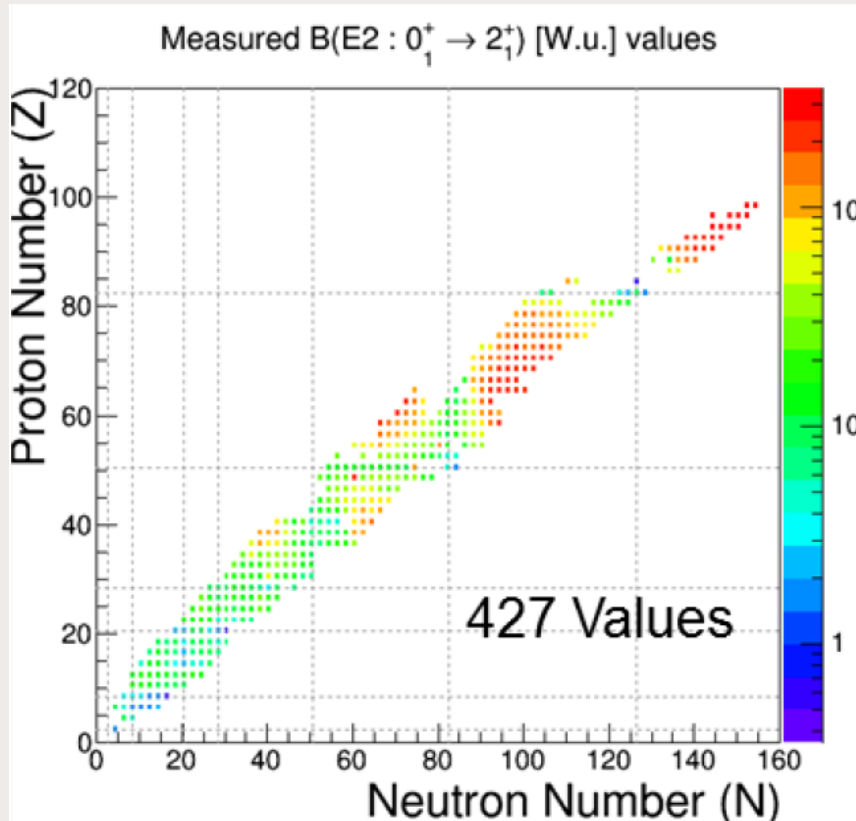
Measured $B(E2)$ values



Raman et al., Data Nucl. Data
Tables, 78 (2001)

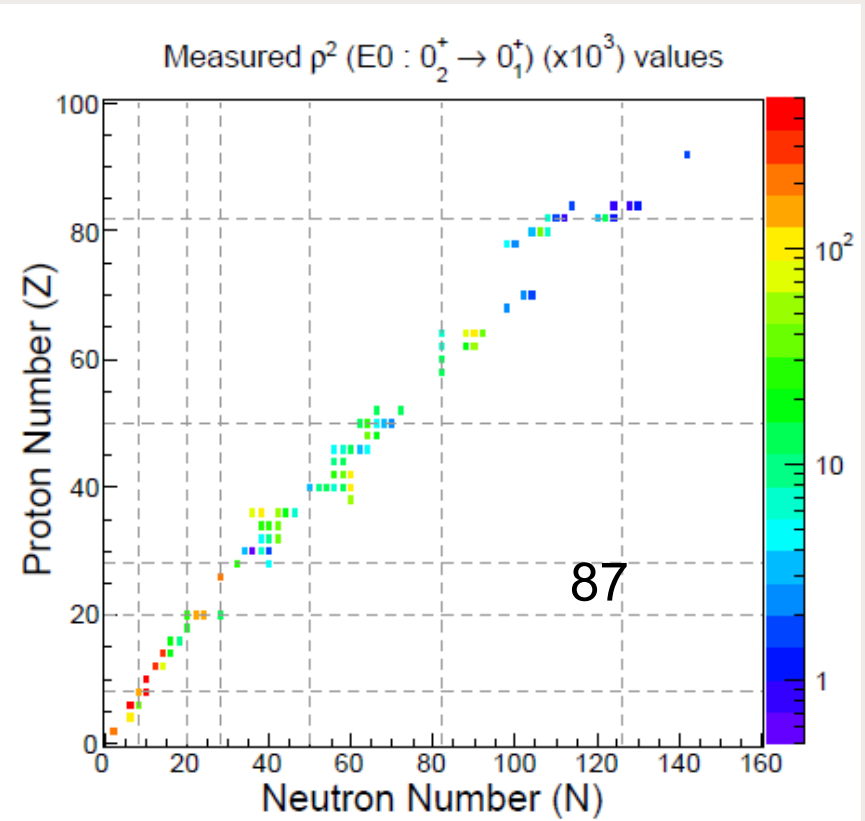
Pritychenko et al., arXiv:1312.5975 [nucl-th]
(Dec 2014)

Measured ρ^2 values



Raman et al., Data Nucl. Data
Tables, 78 (2001)

Pritychenko et al., arXiv:1312.5975 [nucl-th]
(Dec 2014)



Kibedi & Spear, Data Nucl. Data
Tables, 89, (2005)

Measuring ρ^2 values

$$\rho^2(E0) = q_K^2(E0/E2) \times \frac{\alpha_K(E2)}{\Omega_K(E0)} \times W_\gamma(E2).$$

ρ^2 from branching ratio and parent state partial decay constant of $E2$ gamma ray

$$q_K^2(E0/E2) = \frac{I_K(E0)}{I_K(E2)}$$

q^2 found from ICE spectroscopy

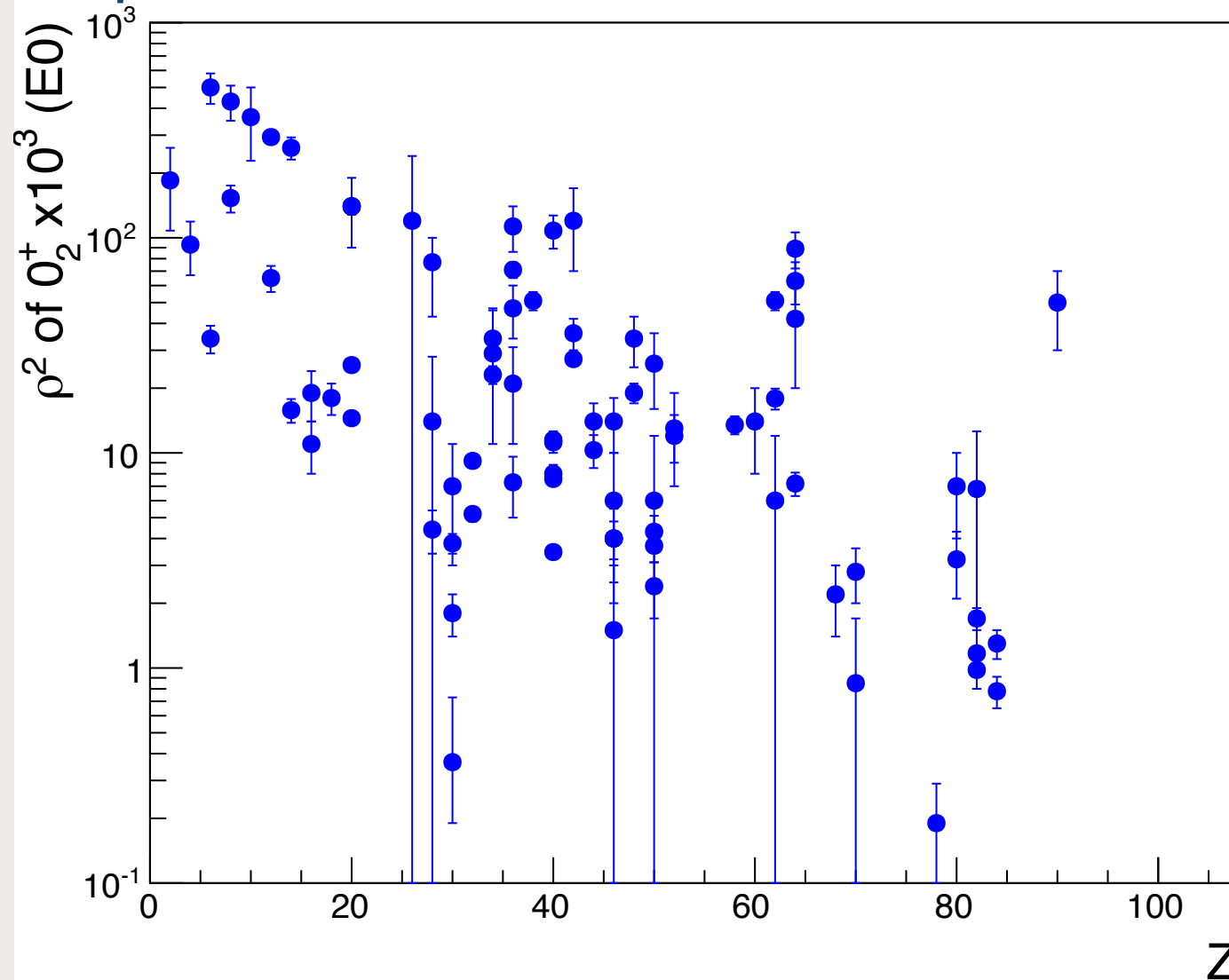
$$q_K^2(E0/E2) = \frac{I_\pi(E0)}{I_\pi(E2)} \times \frac{\Omega_K(E0)}{\Omega_\pi(E0)} \times \frac{\alpha_\pi(E2)}{\alpha_K(E2)} \text{ or from IPF spectroscopy}$$

$W_\gamma(E2)$ can be found from Coulex or from **direct lifetime measurement**

Present Knowledge of $E0$ strengths

Kibédi and Spear, Atomic. Data and Nucl. Data Tables 89, 77 (2005).

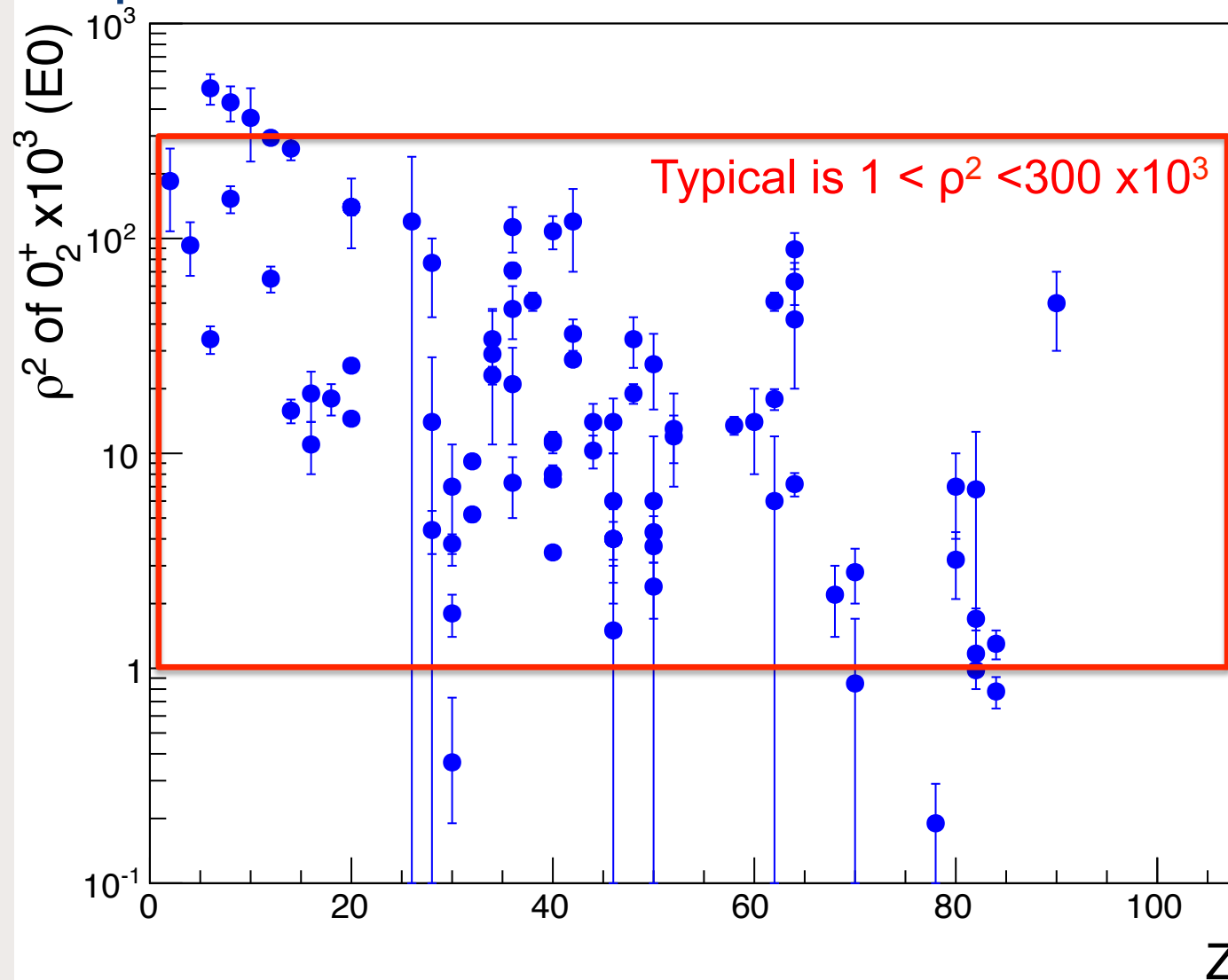
87 ρ^2 values of first excited 0^+ to GS 0^+ known



Present Knowledge of $E0$ strengths

Kibédi and Spear, Atomic. Data and Nucl. Data Tables 89, 77 (2005).

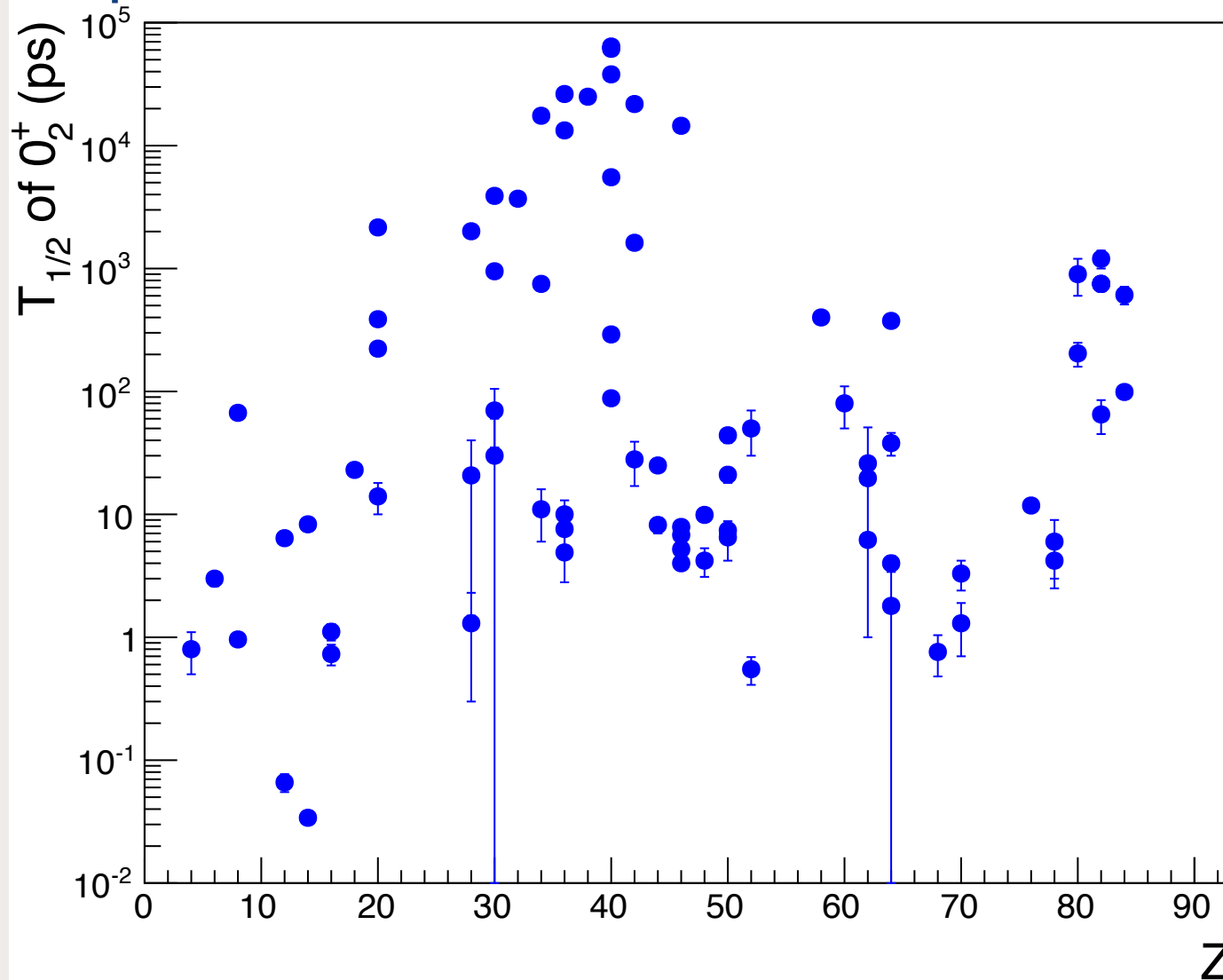
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Kibédi and Spear, Atomic. Data and Nucl. Data Tables 89, 77 (2005).

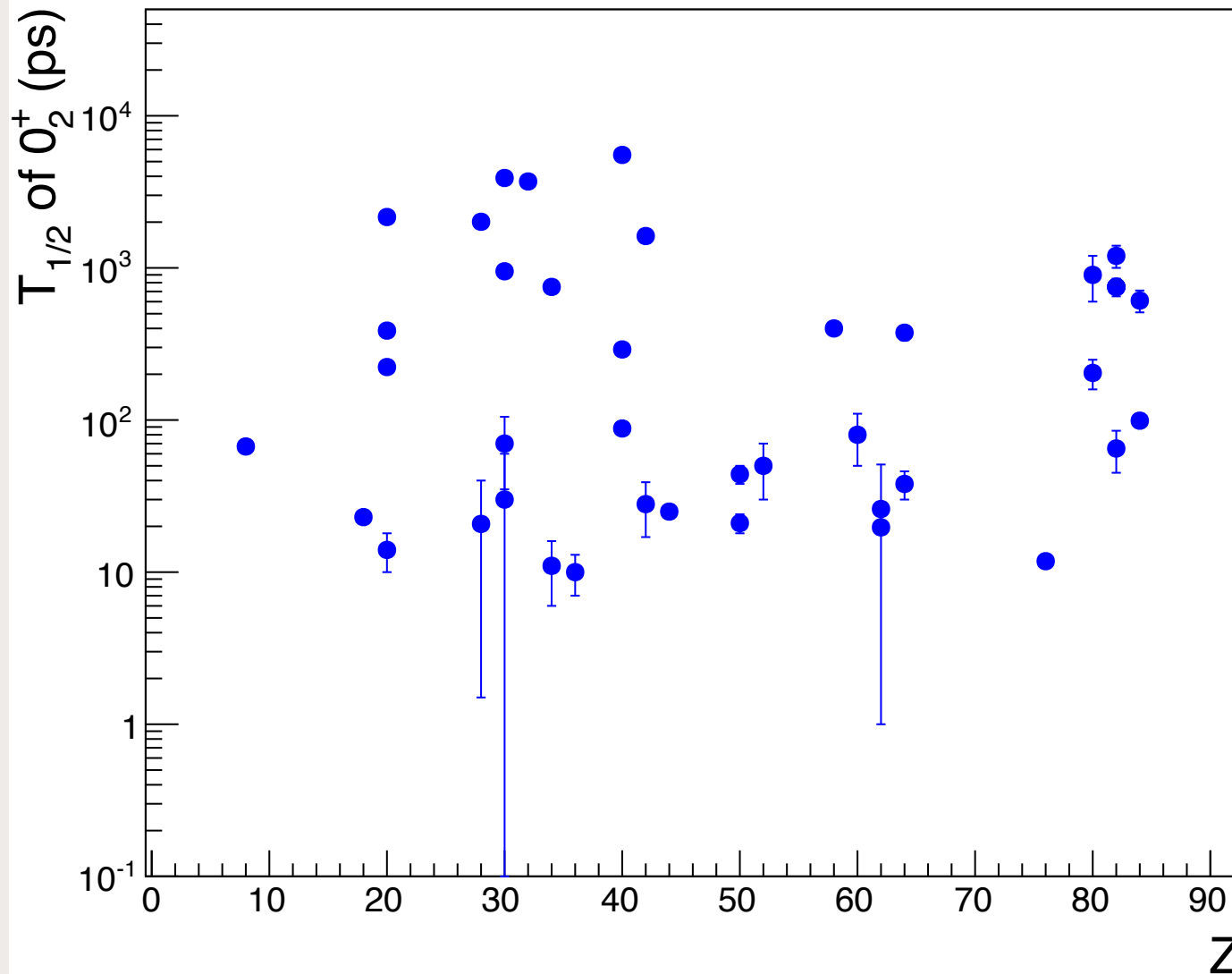
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Present Knowledge of $E0$ strengths

Kibédi and Spear, Atomic. Data and Nucl. Data Tables 89, 77 (2005).

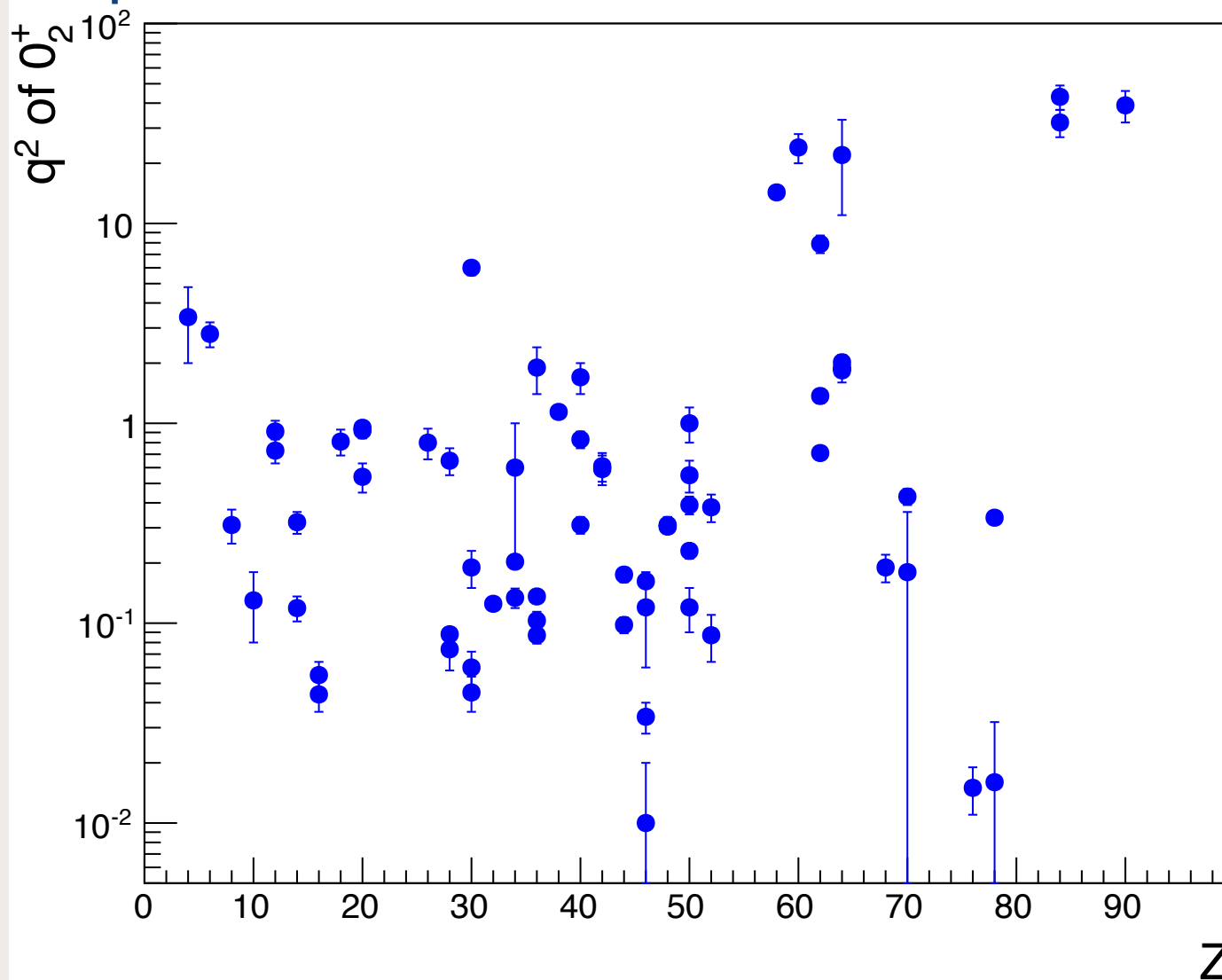
40 ρ^2 values of first excited 0^+ to GS 0^+ known with $10\text{ps} < T_{1/2} < 10\text{ns}$



Present Knowledge of $E0$ strengths

Kibédi and Spear, Atomic. Data and Nucl. Data Tables 89, 77 (2005).

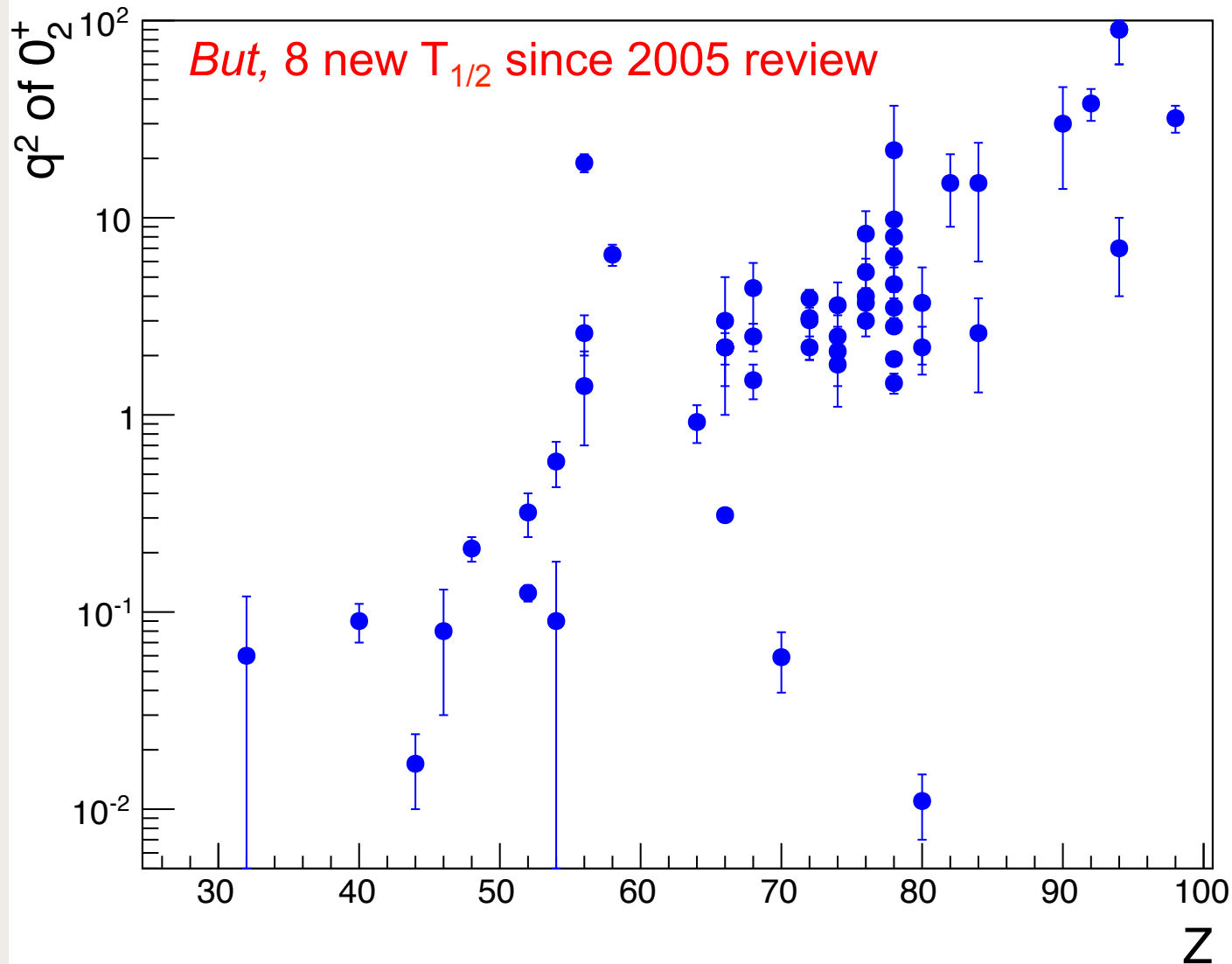
87 ρ^2 values of first excited 0^+ to GS 0^+ known



Half-life required to determine $E0$ strengths

Kibédi and Spear, Atomic. Data and Nucl. Data Tables 89, 77 (2005).

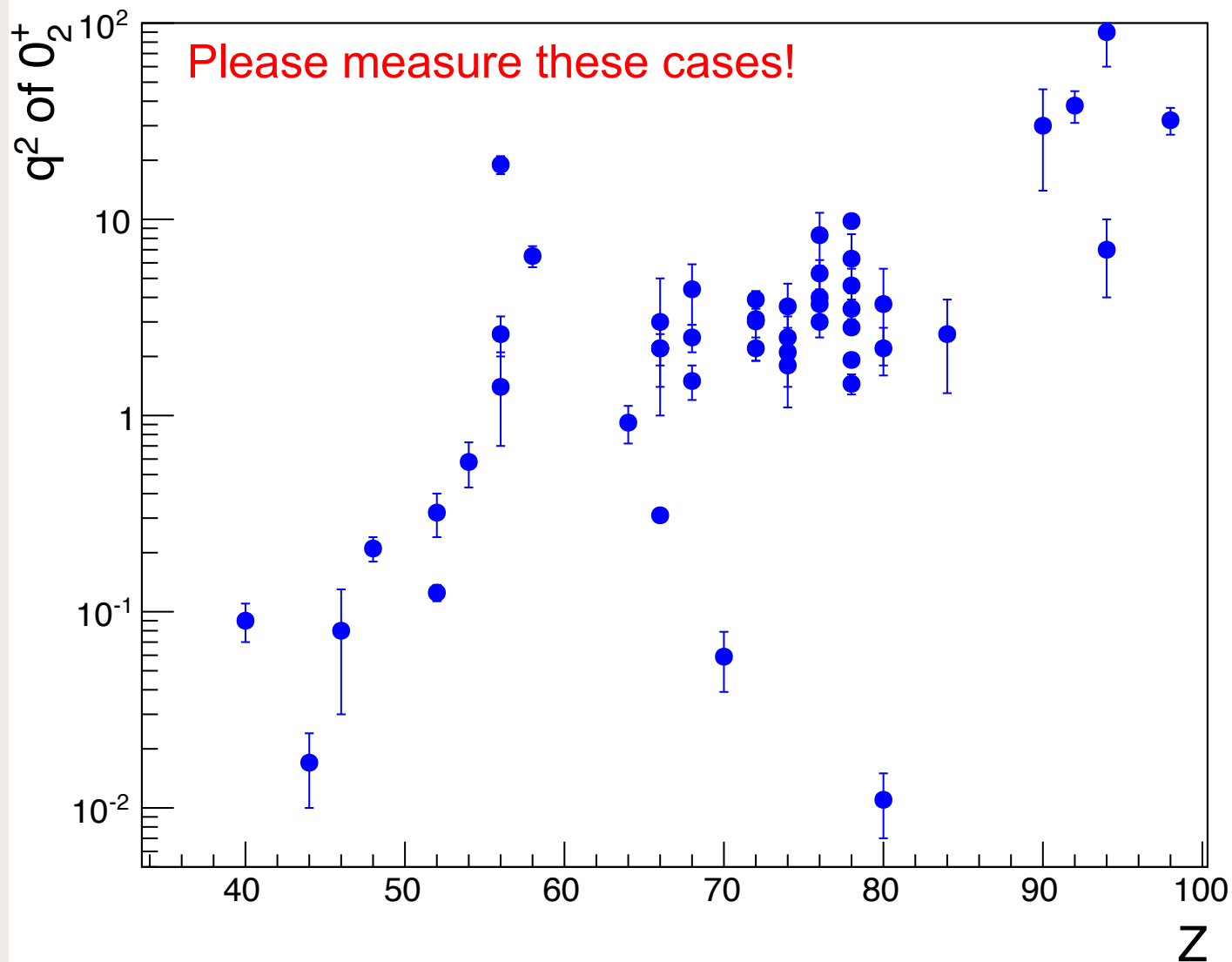
59 q^2 values known but no $T_{1/2}$ of first excited 0^+ to GS 0^+ known



Half-life required to determine $E0$ strengths

Kibédi and Spear, Atomic. Data and Nucl. Data Tables 89, 77 (2005).

51 q^2 values known but no $T_{1/2}$ of first excited 0^+ to GS 0^+ known



Half-life required to determine $E0$ strengths

Kibédi and Spear,
Atomic. Data and Nucl. Data Tables 89, 77 (2005).

51 q^2 values known but no $T_{1/2}$ of first excited 0^+ to GS 0^+ known

Please measure these half lives!

Table 1: Medium-mass and Rare-earth region.

Nucleus	Energy 0_2^+ (keV)	Energy $0_2^+ \rightarrow 2_1^+$ (keV)	q^2
⁸⁸ ₄₀ Zr ₄₈	1521.4	464.37	0.09 (0.02)
¹⁰⁶ ₄₄ Ru ₆₂	990.62	720.55	0.017 (0.007)
¹¹² ₄₆ Pd ₆₆	890.4	541.61	0.08 (0.05)
¹¹⁰ ₄₈ Cd ₆₂	1473.07	815.308	0.21 (0.03)
¹²⁰ ₅₂ Te ₆₈	1103.1	542.662	0.32 (0.08)
¹²² ₅₂ Te ₇₀	1357.4	793.307	0.125 (0.012)
¹¹⁸ ₅₄ Xe ₆₄	830.36	493.04	0.58 (0.15)
¹²⁴ ₅₆ Ba ₆₈	898	668.09	1.4 (0.7)
¹³⁴ ₅₆ Ba ₇₈	1760.56	1155.83	19 (2)
¹³⁶ ₅₆ Ba ₈₀	1578.99	760.493	2.6 (0.6)
¹³⁸ ₅₈ Ce ₈₀	1476.93	688.186	6.5 (0.8)
¹⁵⁰ ₆₄ Gd ₈₆	1207.1	569	0.92 (0.2)
¹⁵⁴ ₆₆ Dy ₈₈	660.55	326.21	2.2 (0.4)
¹⁵⁶ ₆₆ Dy ₉₀	675.6	537.83	3 (2)
¹⁶⁰ ₆₆ Dy ₉₄	1279.94	1193.15	2.2 (0.8)
¹⁶² ₆₆ Dy ₉₆	1400.26	1319.6	0.31 (0.02)
¹⁵⁸ ₆₈ Er ₉₀	806.38	614.23	1.5 (0.3)
¹⁶² ₆₈ Er ₉₄	1087.16	985.12	4.4 (1.5)
¹⁶⁴ ₆₈ Er ₉₆	1246.04	1154.66	2.5 (0.4)
¹⁷⁰ ₇₀ Yb ₁₀₀	1069.35	985.095	0.059 (0.02)

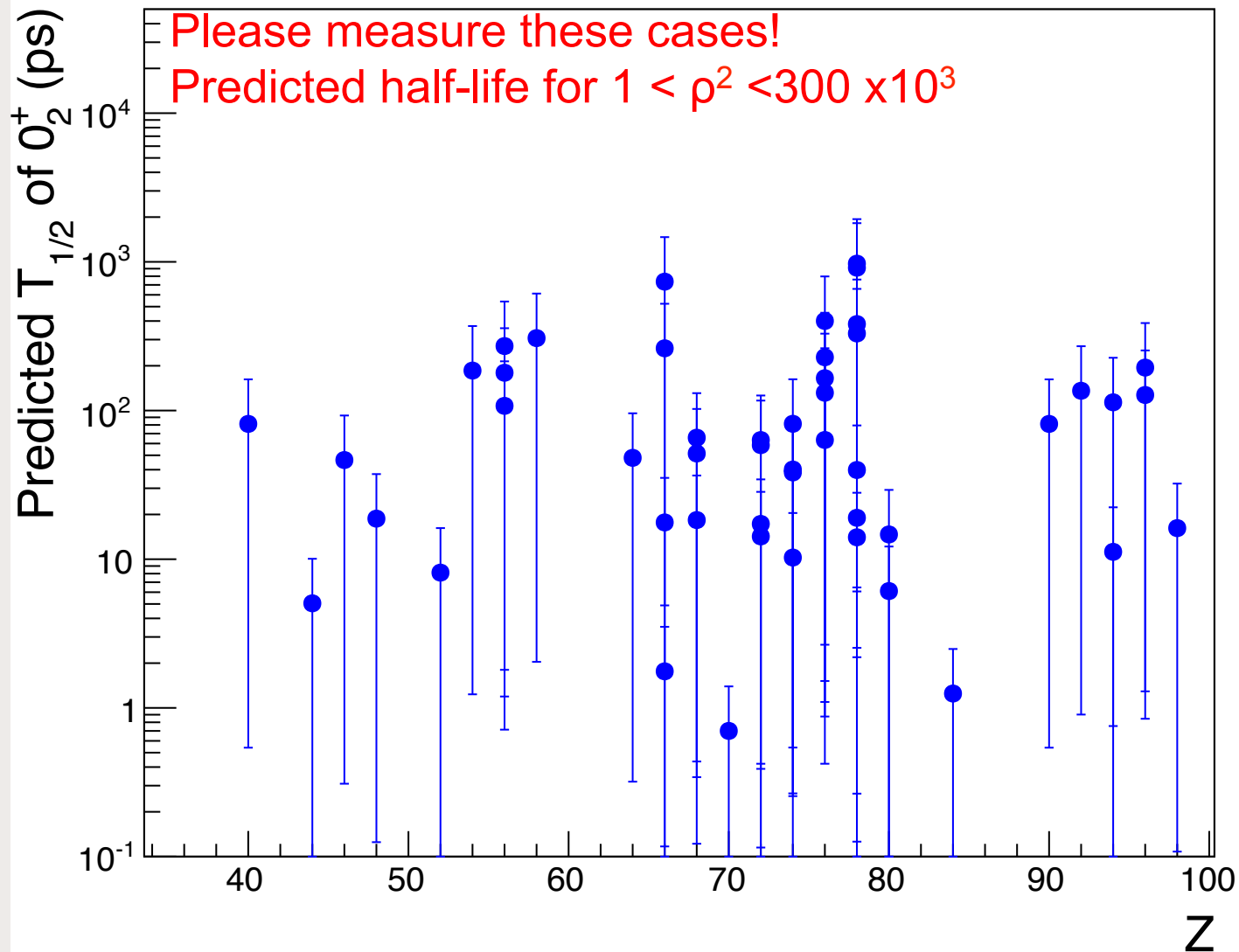
Table 2: Transitional metals to Actinides.

Nucleus	Energy 0_2^+ (keV)	Energy $0_2^+ \rightarrow 2_1^+$ (keV)	q^2
¹⁷² ₇₂ Hf ₁₀₀	871.3	776.08	3.9 (0.4)
¹⁷⁴ ₇₂ Hf ₁₀₂	828.13	737.145	3.1 (1.2)
¹⁷⁶ ₇₂ Hf ₁₀₄	1149.94	1061.59	2.2 (0.3)
¹⁷⁸ ₇₂ Hf ₁₀₆	1199.38	1106.2	3.02 (0.13)
¹⁷² ₇₄ W ₉₈	761.6	638.4	3.6 (1.1)
¹⁷⁴ ₇₄ W ₁₀₀	792.2	679.2	2.1 (0.7)
¹⁷⁶ ₇₄ W ₁₀₂	843.3	735	2.5 (0.7)
¹⁸² ₇₄ W ₁₀₈	1135.82	1035.71	1.8 (0.7)
¹⁷² ₇₆ Os ₉₆	758.27	530.5	8.3 (2.5)
¹⁷⁴ ₇₆ Os ₉₈	545.3	386.7	5.3 (0.9)
¹⁷⁶ ₇₆ Os ₁₀₀	601.2	466.1	3.7 (0.5)
¹⁷⁸ ₇₆ Os ₁₀₂	650.4	518	4 (1)
¹⁸⁰ ₇₆ Os ₁₀₄	736.3	604.19	3 (0.5)
¹⁸⁰ ₇₈ Pt ₁₀₂	478.13	324.92	9.8 (0.8)
¹⁸² ₇₈ Pt ₁₀₄	499.5	344.9	4.6 (1)
¹⁸⁴ ₇₈ Pt ₁₀₆	491.78	328.8	3.5 (0.4)
¹⁸⁶ ₇₈ Pt ₁₀₈	471.51	279.98	6.3 (2.1)
¹⁸⁸ ₇₈ Pt ₁₁₀	798.76	533.13	1.92 (0.06)
¹⁹⁰ ₇₈ Pt ₁₁₂	920.86	625.06	1.45 (0.17)
¹⁹² ₇₈ Pt ₁₁₄	1195.17	878.663	2.81 (0.2)
¹⁹⁰ ₈₀ Hg ₁₁₀	1278.6	862.28	3.7 (1.9)
¹⁹⁸ ₈₀ Hg ₁₁₈	1401.52	989.717	2.2 (0.6)
²⁰⁰ ₈₀ Hg ₁₂₀	1029.34	661.401	0.011 (0.004)
²¹⁰ ₈₄ Po ₁₂₆	2608.58	1427.18	2.6 (1.3)
²²⁸ ₉₀ Th ₁₃₈	831.8	774.041	30 (16)
²³² ₉₂ U ₁₄₀	691.2	643.628	38 (7)
²³⁸ ₉₄ Pu ₁₄₄	941.5	897.42	90 (30)
²⁴⁰ ₉₄ Pu ₁₄₆	860.7	817.876	7 (3)
²⁴⁴ ₉₆ Cm ₁₄₈	984.9	941.935	210 (70)
²⁴⁶ ₉₆ Cm ₁₅₀	1174.7	1131.85	220 (30)
²⁵⁰ ₉₈ Cf ₁₅₂	1154.3	1111.58	32 (5)

Half-life required to determine $E0$ strengths

Kibédi and Spear, Atomic. Data and Nucl. Data Tables 89, 77 (2005).

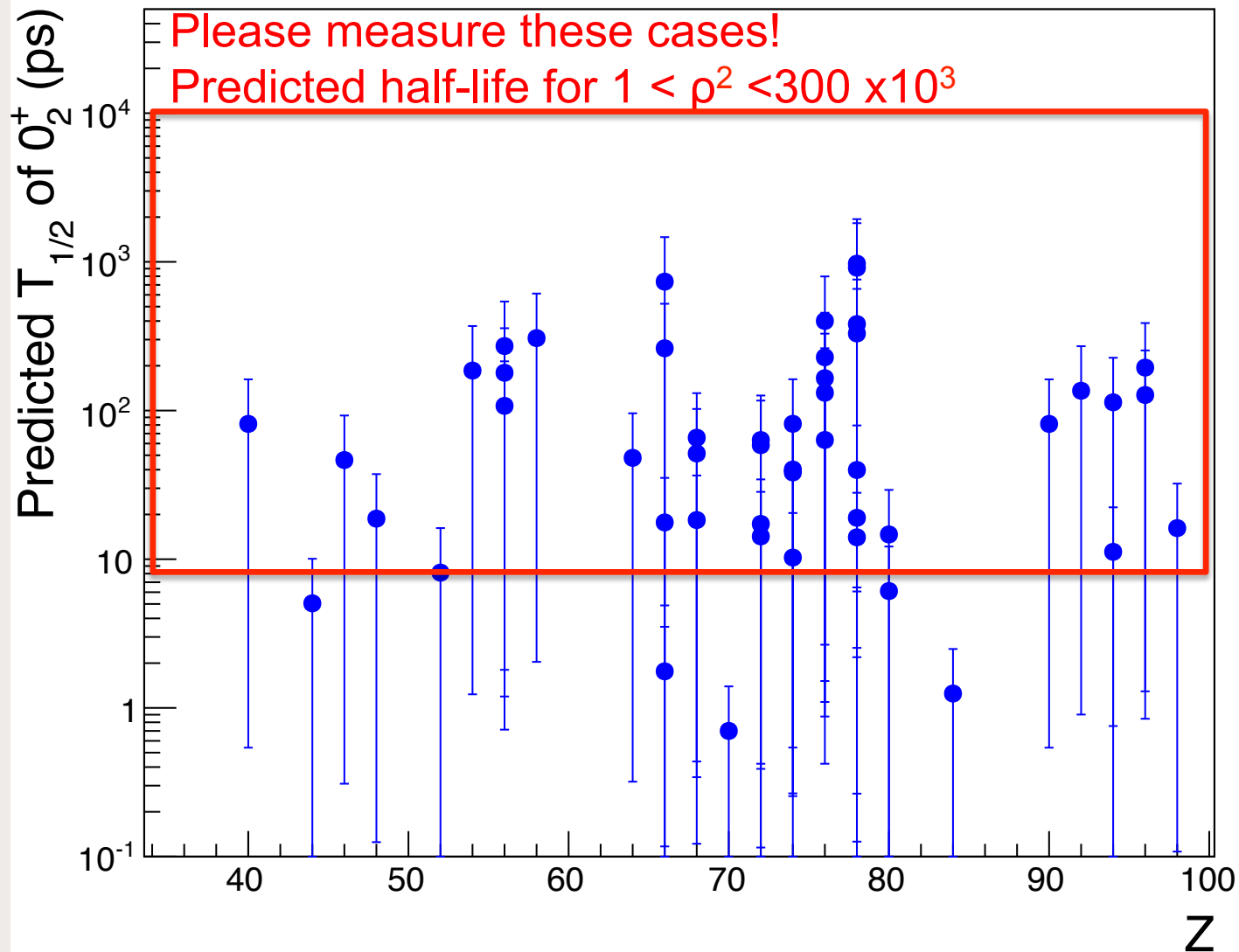
51 q^2 values known but no $T_{1/2}$ of first excited 0^+ to GS 0^+ known



Half-life required to determine $E0$ strengths

Kibédi and Spear, Atomic. Data and Nucl. Data Tables 89, 77 (2005).

51 q^2 values known but no $T_{1/2}$ of first excited 0^+ to GS 0^+ known



- We do not have a universal and consistent description of 0^+ states in nuclei.
- $E0$ transition strengths are a sensitive probe of nuclear structure. More data is required to properly map the systematic behavior.
- Half life measurements are an essential ingredient for determining ρ^2 .
- 51 cases with electron work already completed.

Thank you!

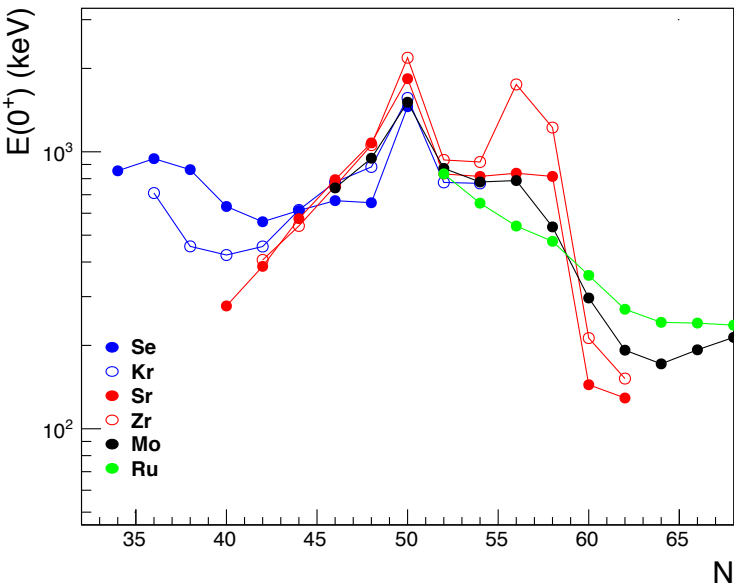
Merci

TRIUMF: Alberta | British Columbia |
Calgary | Carleton | Guelph | Manitoba |
McGill | McMaster | Montréal | Northern
British Columbia | Queen's | Regina |
Saint Mary's | Simon Fraser | Toronto |
Victoria | Western | Winnipeg | York

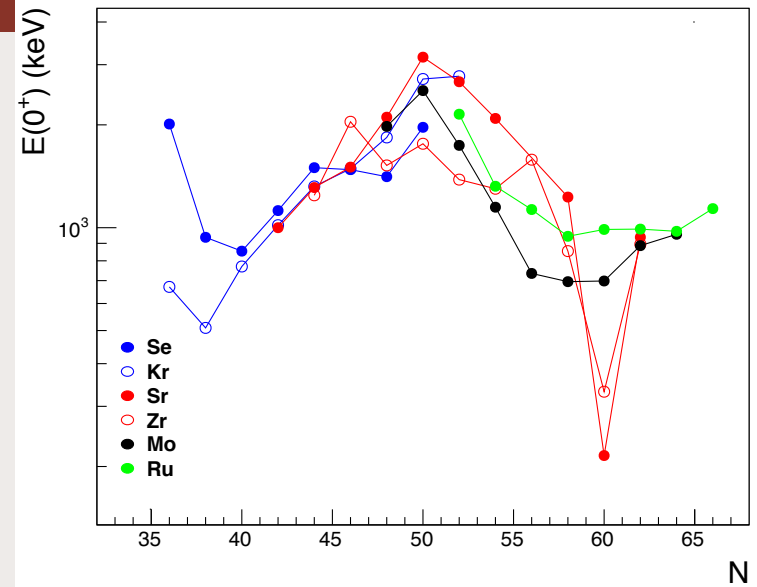


Medium-Mass Systematics

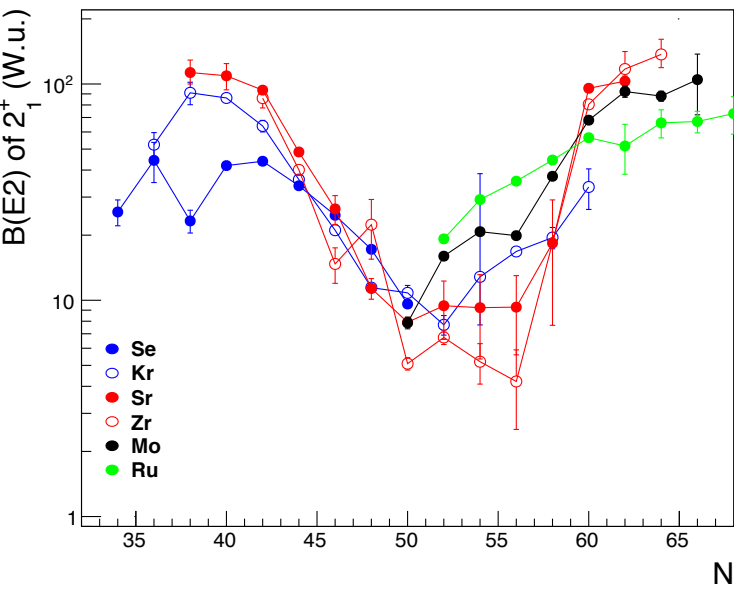
2_1^+ Energy in medium-mass Nuclei



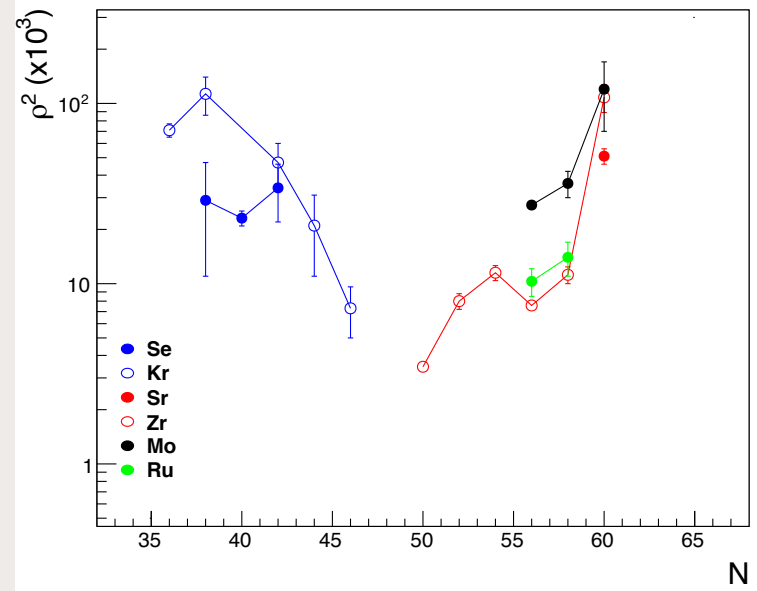
0_2^+ Energy in medium-mass Nuclei



$B(E2)$ of $2_1^+ \rightarrow 0_1^+$ in medium-mass Nuclei

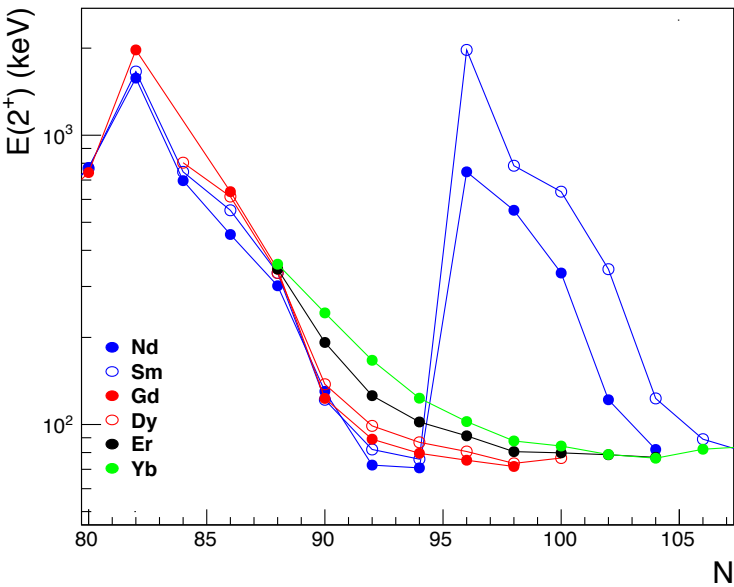


ρ^2 10^3 of $0_2^+ \rightarrow 0_1^+$ in medium-mass Nuclei

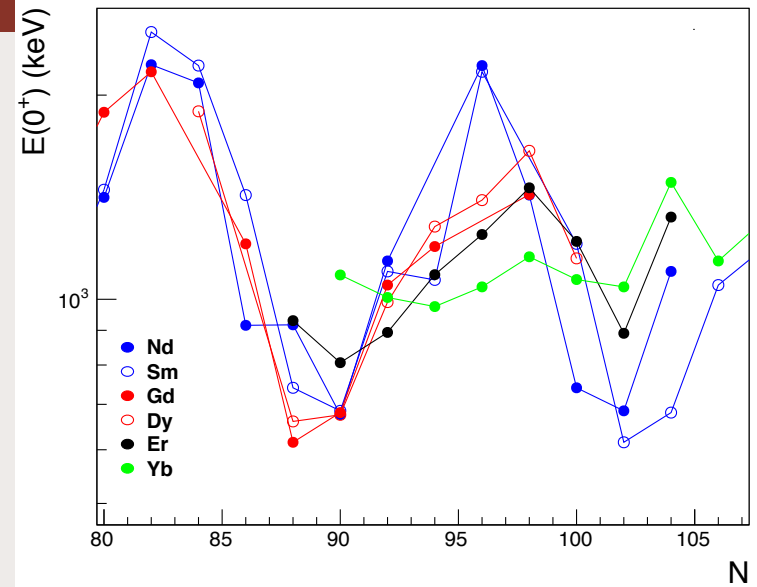


Rare-Earth Systematics

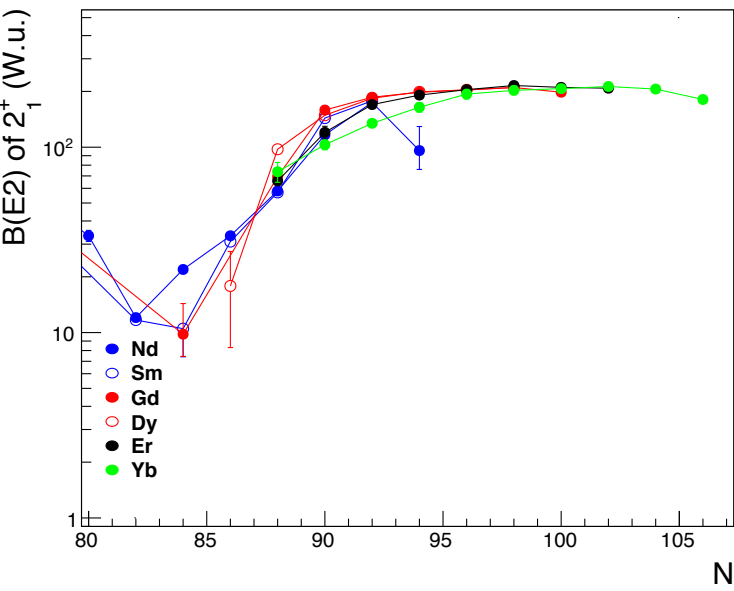
2_1^+ Energy in Rare-Earth Nuclei



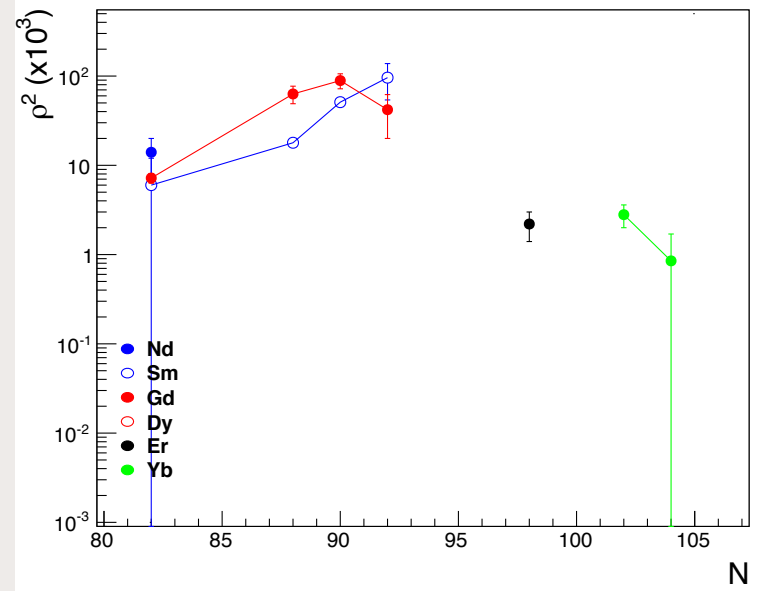
0_2^+ Energy in Rare-Earth Nuclei



$B(E2)$ of $2_1^+ \rightarrow 0_1^+$ in Rare-Earth Nuclei

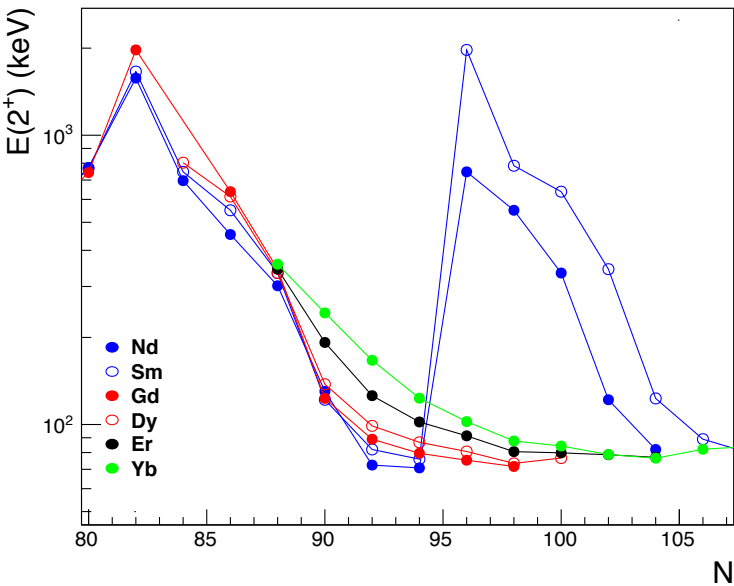


ρ^2 of $0_2^+ \rightarrow 0_1^+$ in Rare-Earth Nuclei

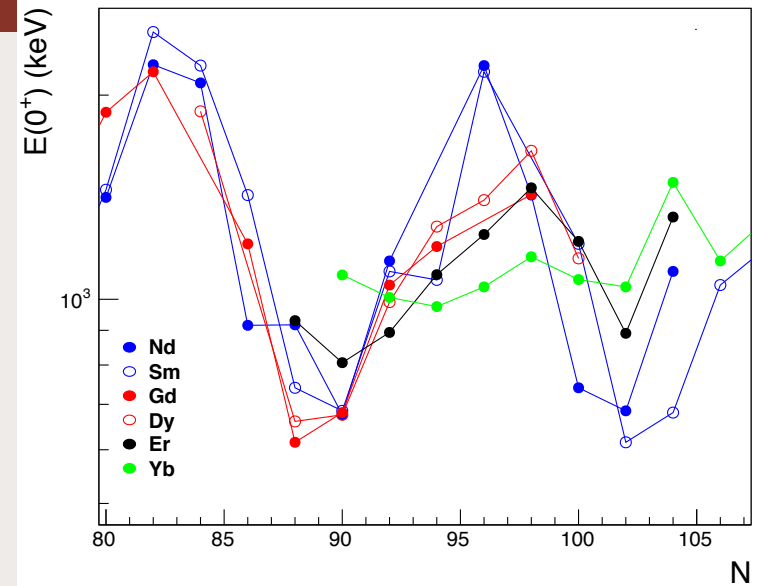


Rare-Earth Systematics

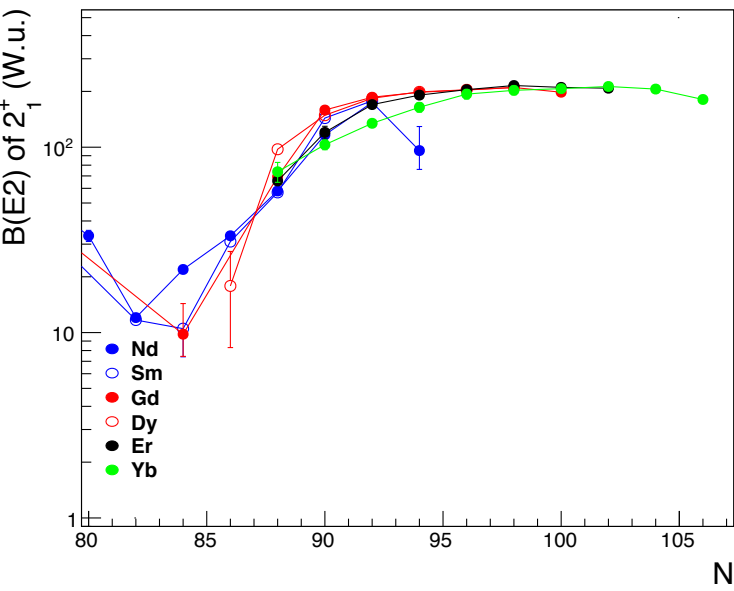
2_1^+ Energy in Rare-Earth Nuclei



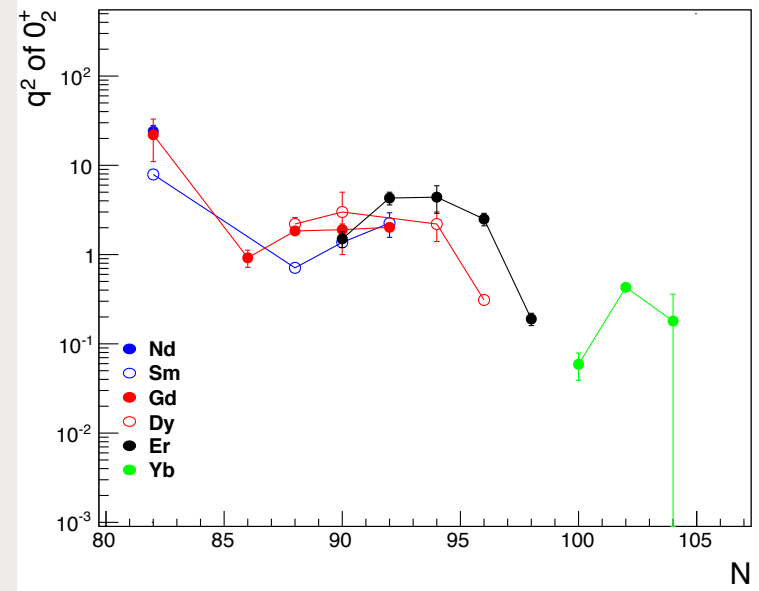
0_2^+ Energy in Rare-Earth Nuclei



$B(E2)$ of $2_1^+ \rightarrow 0_1^+$ in Rare-Earth Nuclei



q^2 of $0_2^+ \rightarrow 0_1^+$ in Rare-Earth Nuclei





Kibédi and Spear,
 Atomic. Data and Nucl. Data Tables 89, 77 (2005).

41 $T_{1/2}$ values known but no q^2 of first excited 0^+ to GS 0^+ known

Electron spectroscopy can measure these cases.

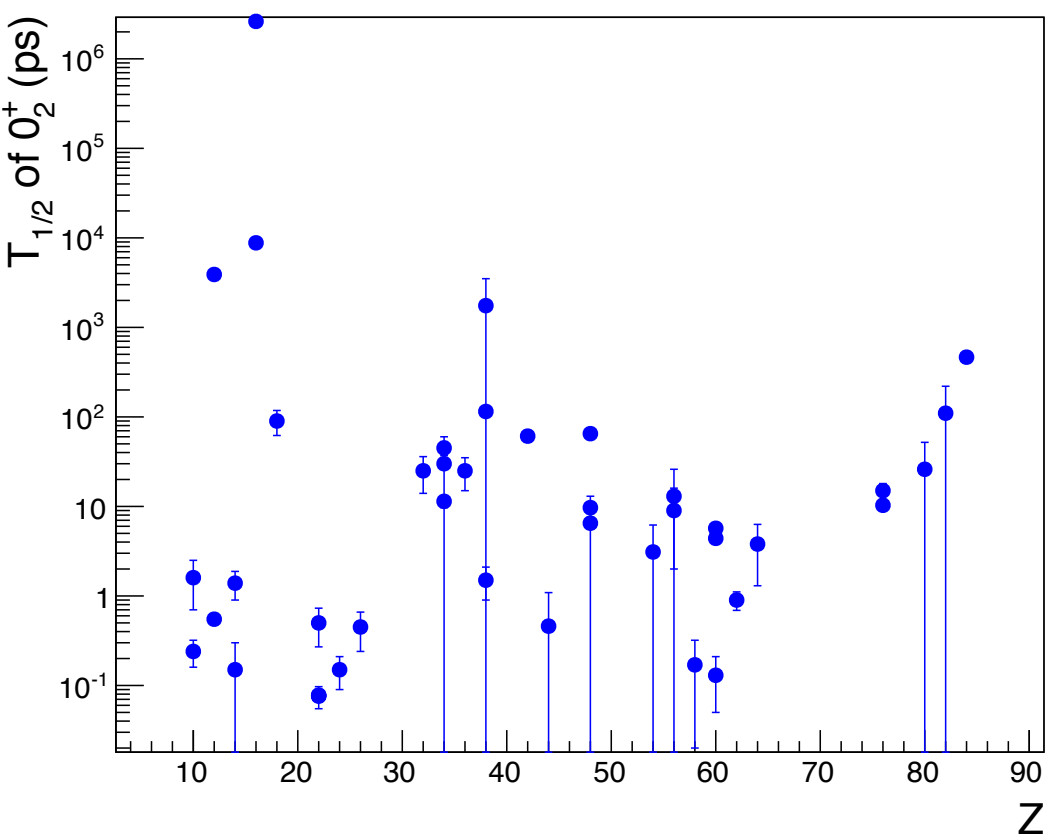


Table 1: $T_{1/2}$ of 0_2^+ state is known. A q^2 measurement will yield a ρ^2 value.

Nucleus	Energy 0_2^+ (keV)	Energy 2_1^+ (keV)	$T_{1/2}$ (ps)
²² Ne ₁₂	6234.3	1274.58	0.24 (0.08)
²⁴ Ne ₁₀	4766.5	1981.6	1.6 (0.9)
²⁸ Mg ₁₂	3862.15	1473.54	0.55 (0.07)
³⁰ Mg ₁₂	1788.2	1482.8	3900 (400)
²⁶ Si ₁₄	3336.4	1797.3	1.39 (0.49)
³² Si ₁₄	4983.9	1941.4	0.15 (0.15)
³⁶ S ₁₆	3346	3290.9	8800 (200)
⁴⁴ S ₁₆	1365	1315	2.619e+06 (26000)
⁴⁰ Ar ₁₈	2120.8	1460.85	90 (28)
⁴⁶ Ti ₂₂	2611	889.286	0.076 (0.021)
⁴⁸ Ti ₂₂	2997.22	983.539	0.078 (0.009)
⁵⁰ Ti ₂₂	3862.79	1553.78	0.5 (0.23)
⁵⁴ Cr ₂₄	2829.62	834.855	0.15 (0.06)
⁵⁶ Fe ₂₆	2941.5	846.778	0.45 (0.21)
⁷⁸ Ge ₃₂	1546.6	619.36	25 (11)
⁷⁸ Se ₃₄	1498.6	613.727	45 (8)
⁸⁰ Se ₃₄	1478.82	666.27	11.4 (1.7)
⁸² Se ₃₄	1410.3	654.75	30 (30)
⁸⁴ Kr ₃₆	1837.3	881.615	25 (10)
⁸² Sr ₃₈	1310.89	573.54	1750 (1750)
⁸⁸ Sr ₃₈	3156.19	1836.09	1.5 (0.6)
⁹⁶ Sr ₃₈	1229.28	814.93	115 (12)
⁹⁶ Mo ₄₂	1148.13	778.237	61 (8)
⁹⁶ Ru ₄₄	2148.78	832.56	0.46 (0.63)
¹¹⁶ Cd ₄₈	1282.56	513.49	65 (4)
¹¹⁸ Cd ₄₈	1285.61	487.77	9.7 (1.4)
¹²⁰ Cd ₄₈	1388.9	505.94	6.5 (6.5)
¹²⁰ Xe ₅₄	908.7	322.61	3.1 (3.1)
¹⁴² Ba ₅₆	1535.53	359.596	9 (7)
¹⁴⁴ Ba ₅₆	1020.03	199.326	13 (13)
¹⁴² Ce ₅₈	2031.01	641.282	0.17 (0.15)
¹⁴⁴ Nd ₆₀	2084.68	696.561	0.13 (0.08)
¹⁴⁸ Nd ₆₀	916.93	301.705	4.4 (0.3)
¹⁵⁰ Nd ₆₀	675.9	130.21	5.7 (0.3)
¹⁵⁴ Sm ₆₂	1099.26	81.981	0.9 (0.21)
¹⁵⁸ Gd ₆₄	1196.16	79.5128	3.8 (2.5)
¹⁹⁰ Os ₇₆	911.78	186.718	15 (3)
¹⁹² Os ₇₆	956.54	205.794	10.3 (1.1)
¹⁸⁶ Hg ₈₀	523	405.33	26 (26)
¹⁹⁰ Pb ₈₂	658	773.9	110 (110)
²⁰⁸ Po ₈₄	1271.6	686.526	465 (20)